



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Wallesch, René

□□: 100 Marathon Club

□□: 356

□□: 161.90 km

100MeilenBerlin

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 28:57:45

□□: 5.59 km/h

□□□□: 10:44 min/km

□□□□□/□□□: 304 (of 397)

□□□□□/□: 245 (of 313)

□□□□□□: 13:17:41

□□□□□: 58(of 70)

□□□□□□□: 16:22:32

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	1:04:29	7:29	50	20:15	205	20:21	8.60	1:04:29	7:29	50	20:15	205	20:21	
VP2 - East Side G	4.80	42:14	8:47	69	21:09	312	21:11	13.40	1:46:43	7:57	67	41:24	293	41:29	
VP3 - Dammweg	5.80	48:55	8:26	69	19:07	293	19:43	19.20	2:35:38	8:06	68	1:00:31	294	1:00:47	
VP4 - Johannisth	5.70	48:05	8:26	69	21:23	299	23:33	24.90	3:23:43	8:10	69	1:21:54	298	1:24:01	
VP5 - Imbiß "Am	9.50	1:21:58	8:37	68	34:36	300	40:26	34.40	4:45:41	8:18	69	1:56:30	301	2:04:24	
VP6 - Buckow	4.50	44:33	9:53	68	21:18	296	23:57	38.90	5:30:14	8:29	69	2:17:48	301	2:28:21	
□□□	7.60	59:36	7:50	52	18:54	213	25:34	46.50	6:29:50	8:23	68	2:36:39	289	2:53:55	
VP8 - Osdorfer St	6.30	57:22	9:06	65	23:43	270	29:56	52.80	7:27:12	8:28	69	3:00:22	288	3:23:51	
VP9 - Sportplatz	6.50	48:16	7:25	15	13:42	79	26:49	59.30	8:15:28	8:21	60	3:14:04	256	3:40:37	
VP10 - Königswe	6.20	40:35	6:32	12	4:32	38	11:10	65.50	8:56:03	8:11	59	3:18:36	243	3:51:47	
VP11 - Gedenkst	6.80	54:36	8:01	33	14:23	137	30:17	72.30	9:50:39	8:10	58	3:32:05	235	4:12:17	
VP12 - Brauhaus	6.90	1:04:42	9:22	52	23:22	221	31:35	79.20	10:55:21	8:16	58	3:51:09	235	4:43:52	
VP13 - Revierförs	5.70	1:00:15	10:34	58	25:36	264	30:12	84.90	11:55:36	8:25	58	3:39:01	239	5:14:04	
VP14 - Schloss S	6.30	1:16:04	12:04	48	38:29	217	44:37	91.20	13:11:40	8:40	57	4:11:57	235	5:58:41	
VP15 - Pagel & F	7.60	1:21:35	10:44	61	34:48	258	43:53	98.80	14:33:15	8:50	57	4:44:38	238	6:42:34	
VP16 - Karolinenl	4.90	59:24	12:07	52	27:22	236	33:49	103.70	15:32:39	8:59	56	5:12:00	233	7:16:23	
VP17 - Falkensee	6.50	1:17:47	11:58	58	35:28	248	45:16	110.20	16:50:26	9:10	55	5:47:28	233	8:01:39	
VP18 - Schönwal	5.80	1:04:38	11:08	53	28:43	224	35:33	116.00	17:55:04	9:16	55	6:16:11	231	8:37:12	
VP19 - Grenzturn	7.30	1:37:46	13:23	57	51:24	248	1:09:40	123.30	19:32:50	9:30	55	7:07:35	232	9:36:11	
VP20 - Ruderclub	4.80	1:00:04	12:30	53	30:43	230	35:44	128.10	20:32:54	9:37	55	7:38:18	228	10:11:55	
VP21 - Frohnau	4.10	1:03:03	15:22	52	37:16	224	40:24	132.20	21:35:57	9:48	54	8:15:34	227	10:52:19	
VP22 - Naturschu	6.40	1:43:17	16:08	60	1:02:52	261	1:10:05	138.60	23:19:14	10:05	55	9:18:26	231	12:02:24	
VP23 - Oranienbu	4.50	1:02:21	13:51	53	34:03	234	37:24	143.10	24:21:35	10:12	54	9:52:29	229	12:39:48	
VP24 - Lauftreff I	5.30	1:15:25	14:13	57	42:58	252	47:11	148.40	25:37:00	10:21	54	10:35:27	231	13:26:59	
VP25 - Wilhelmsr	5.70	1:39:41	17:29	60	1:03:54	261	1:09:40	154.10	27:16:41	10:37	55	11:39:21	237	14:36:39	
VP26 - Wollankst	3.10	50:17	16:13	59	29:53	255	33:10	157.20	28:06:58	10:43	57	12:09:14	246	15:09:49	
Friedrich-Ludwig	4.20	50:47	12:05	55	26:08	246	31:01	161.90	28:57:45	10:44	58	12:35:13	246	15:40:04	