



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Mieß, Bernd

000: 29:01:39

00: Berlin

00: 5.55 km/h

00: 108

0000: 10:46 min/km

00: 161.90 km

00000/000: 306 (of 397)

100MeilenBerlin

00000/0: 247 (of 313)

000000: 13:17:41

0000:

00000: 2(of 2)

Senioren M75 (75 und älter)

0000000: 22:39:51

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Checkpoint	8.60	1:08:09	7:55	2	6:24	263	24:01	8.60	1:08:09	7:55	2	6:24	263	24:01
VP2 - East Side G	4.80	36:24	7:34	2	5:18	294	15:21	13.40	1:44:33	7:48	2	11:42	278	39:19
VP3 - Dammweg	5.80	50:08	8:38	2	7:36	303	20:56	19.20	2:34:41	8:03	2	19:18	291	59:50
VP4 - Johannisth	5.70	45:07	7:54	2	3:25	287	20:35	24.90	3:19:48	8:01	2	22:43	290	1:20:06
VP5 - Imbiß "Am	9.50	1:21:57	8:37	2	12:53	299	40:25	34.40	4:41:45	8:11	2	35:36	295	2:00:28
VP6 - Buckow	4.50	42:44	9:29	2	6:20	288	22:08	38.90	5:24:29	8:20	2	41:56	293	2:22:36
000	7.60	1:09:37	9:09	2	10:54	285	35:35	46.50	6:34:06	8:28	2	52:50	293	2:58:11
VP8 - Osdorfer St	6.30	56:51	9:01	2	11:35	269	29:25	52.80	7:30:57	8:32	2	1:04:25	291	3:27:36
VP9 - Sportplatz	6.50	1:04:54	9:59	2	10:28	230	43:27	59.30	8:35:51	8:41	2	1:14:53	283	4:01:00
VP10 - Königswe	6.20	59:02	9:31	2	9:45	262	29:37	65.50	9:34:53	8:46	2	1:24:38	280	4:30:37
VP11 - Gedenkst	6.80	1:06:37	9:47	2	10:16	254	42:18	72.30	10:41:30	8:52	2	1:34:54	273	5:03:08
VP12 - Brauhaus	6.90	1:11:55	10:25	2	15:26	264	38:48	79.20	11:53:25	9:00	2	1:50:20	272	5:41:56
VP13 - Revierförs	5.70	58:42	10:17	2	1:03	257	28:39	84.90	12:52:07	9:05	2	1:51:23	271	6:10:35
VP14 - Schloss S	6.30	1:14:02	11:45	2	15:08	204	42:35	91.20	14:06:09	9:16	2	2:06:31	258	6:53:10
VP15 - Pagel & F	7.60	1:22:32	10:51	2	15:56	263	44:50	98.80	15:28:41	9:23	2	2:22:27	259	7:38:00
VP16 - Karolinenl	4.90	55:50	11:23	2	2:31	218	30:15	103.70	16:24:31	9:29	2	2:24:58	251	8:08:15
VP17 - Falkensee	6.50	1:16:27	11:45	2	20:02	240	43:56	110.20	17:40:58	9:37	2	2:45:00	249	8:52:11
VP18 - Schönwal	5.80	1:11:07	12:15	2	24:53	249	42:02	116.00	18:52:05	9:45	2	3:09:53	250	9:34:13
VP19 - Grenzturn	7.30	1:32:04	12:36	2	28:48	230	1:03:58	123.30	20:24:09	9:55	2	3:38:41	245	10:27:30
VP20 - Rudercluk	4.80	1:04:01	13:20	2	10:09	243	39:41	128.10	21:28:10	10:03	2	3:48:50	244	11:07:11
VP21 - Frohnau	4.10	1:00:47	14:49	2	13:19	217	38:08	132.20	22:28:57	10:12	2	4:02:09	238	11:45:19
VP22 - Naturschu	6.40	1:25:20	13:19	2	32:10	252	52:08	138.60	23:54:17	10:20	2	4:34:19	239	12:37:27
VP23 - Oranienbu	4.50	1:00:06	13:21	2	12:09	225	35:09	143.10	24:54:23	10:26	2	4:46:28	236	13:12:36
VP24 - Lauftreff l	5.30	1:11:07	13:25	2	28:51	244	42:53	148.40	26:05:30	10:32	2	5:15:19	238	13:55:29
VP25 - Wilhelmsr	5.70	1:18:17	13:44	2	24:36	246	48:16	154.10	27:23:47	10:40	2	5:39:55	242	14:43:45
VP26 - Wollankst	3.10	42:30	13:42	2	12:37	242	25:23	157.20	28:06:17	10:43	2	5:52:32	244	15:09:08
Friedrich-Ludwig	4.20	55:22	13:10	2	29:16	256	35:36	161.90	29:01:39	10:45	2	6:21:48	248	15:43:58