



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Morstabilini, LUCA

□□: Soresina running club

□□: 289

□□: 161.90 km

100MeilenBerlin

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 18:06:35

□□: 8.94 km/h

□□□□: 6:43 min/km

□□□□□/□□□□: 22 (of 397)

□□□□□/□: 19 (of 313)

□□□□□□: 13:17:41

□□□□□: 5(of 70)

□□□□□□□: 16:22:32

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	48:09	5:35	3	3:55	14	4:01	8.60	48:09	5:35	3	3:55	14	4:01	
VP2 - East Side G	4.80	24:40	5:08	3	3:35	15	3:37	13.40	1:12:49	5:26	3	7:30	13	7:35	
VP3 - Dammweg	5.80	31:14	5:23	2	1:26	12	2:02	19.20	1:44:03	5:25	2	8:56	11	9:12	
VP4 - Johannisth	5.70	29:28	5:10	2	2:46	11	4:56	24.90	2:13:31	5:21	2	11:42	11	13:49	
VP5 - Imbiß "Am	9.50	51:36	5:25	2	4:14	12	10:04	34.40	3:05:07	5:22	2	15:56	11	23:50	
VP6 - Buckow	4.50	25:48	5:44	4	2:33	17	5:12	38.90	3:30:55	5:25	2	18:29	11	29:02	
□□□	7.60	43:07	5:40	5	2:25	19	9:05	46.50	4:14:02	5:27	3	20:51	15	38:07	
VP8 - Osdorfer St	6.30	36:42	5:49	4	3:03	19	9:16	52.80	4:50:44	5:30	3	23:54	15	47:23	
VP9 - Sportplatz	6.50	39:03	6:00	4	4:29	20	17:36	59.30	5:29:47	5:33	2	28:23	13	54:56	
VP10 - Königswe	6.20	37:46	6:05	2	1:43	15	8:21	65.50	6:07:33	5:36	2	30:06	12	1:03:17	
VP11 - Gedenkst	6.80	42:30	6:15	6	2:17	22	18:11	72.30	6:50:03	5:40	2	31:29	12	1:11:41	
VP12 - Brauhaus	6.90	48:45	7:03	9	7:25	52	15:38	79.20	7:38:48	5:47	2	34:36	12	1:27:19	
VP13 - Revierförs	5.70	37:47	6:37	5	3:08	20	7:44	84.90	8:16:35	5:50	1	-	11	1:35:03	
VP14 - Schloss S	6.30	43:08	6:50	4	5:33	20	11:41	91.20	8:59:43	5:55	1	-	11	1:46:44	
VP15 - Pagel & Fi	7.60	54:10	7:07	8	7:23	49	16:28	98.80	9:53:53	6:00	3	5:16	15	2:03:12	
VP16 - Karolinenl	4.90	36:08	7:22	6	4:06	24	10:33	103.70	10:30:01	6:04	3	9:22	16	2:13:45	
VP17 - Falkensee	6.50	46:47	7:11	9	4:28	34	14:16	110.20	11:16:48	6:08	3	13:50	17	2:28:01	
VP18 - Schönwal	5.80	39:06	6:44	3	3:11	13	10:01	116.00	11:55:54	6:10	3	17:01	16	2:38:02	
VP19 - Grenzturn	7.30	58:59	8:04	13	12:37	45	30:53	123.30	12:54:53	6:17	3	29:38	18	2:58:14	
VP20 - Rudercluk	4.80	39:29	8:13	13	10:08	47	15:09	128.10	13:34:22	6:21	4	39:46	19	3:13:23	
VP21 - Frohnau	4.10	35:36	8:40	5	9:49	26	12:57	132.20	14:09:58	6:25	3	49:35	18	3:26:20	
VP22 - Naturschu	6.40	51:49	8:05	15	11:24	53	18:37	138.60	15:01:47	6:30	4	1:00:59	19	3:44:57	
VP23 - Oranienbu	4.50	40:56	9:05	17	12:38	61	15:59	143.10	15:42:43	6:35	5	1:13:37	19	4:00:56	
VP24 - Lauftreff l	5.30	40:38	7:40	3	8:11	19	12:24	148.40	16:23:21	6:37	4	1:21:48	18	4:13:20	
VP25 - Wilhelmsr	5.70	50:17	8:49	18	14:30	70	20:16	154.10	17:13:38	6:42	5	1:36:18	20	4:33:36	
VP26 - Wollankst	3.10	23:19	7:31	7	2:55	22	6:12	157.20	17:36:57	6:43	5	1:39:13	20	4:39:48	
Friedrich-Ludwig	4.20	29:38	7:03	9	4:59	45	9:52	161.90	18:06:35	6:42	5	1:44:03	20	4:48:54	