



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Jacobsen, Carsten

□□: Aalborg,Denmark

□□: 342

□□: 161.90 km

100MeilenBerlin

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 18:35:33

□□: 8.66 km/h

□□□□: 6:53 min/km

□□□□□/□□□□: 25 (of 397)

□□□□□/□: 22 (of 313)

□□□□□□: 13:17:41

□□□□□: 8(of 75)

□□□□□□□: 14:30:53

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
VP1 - Checkpoint	8.60	54:17	6:18	15	10:08	57	10:09	8.60	54:17	6:18	15	10:08	57	10:09
VP2 - East Side G	4.80	26:43	5:33	14	5:40	54	5:40	13.40	1:21:00	6:02	14	15:46	57	15:46
VP3 - Dammweg	5.80	36:09	6:13	15	6:39	62	6:57	19.20	1:57:09	6:06	13	22:15	54	22:18
VP4 - Johannisth	5.70	35:17	6:11	21	10:29	87	10:45	24.90	2:32:26	6:07	16	32:44	61	32:44
VP5 - Imbiß "Am	9.50	58:53	6:11	17	16:32	63	17:21	34.40	3:31:19	6:08	15	49:16	60	50:02
VP6 - Buckow	4.50	29:19	6:30	16	8:04	62	8:43	38.90	4:00:38	6:11	14	57:20	60	58:45
□□□	7.60	47:40	6:16	16	11:12	54	13:38	46.50	4:48:18	6:12	14	1:08:07	55	1:12:23
VP8 - Osdorfer St	6.30	39:43	6:18	14	9:28	52	12:17	52.80	5:28:01	6:12	15	1:17:35	54	1:24:40
VP9 - Sportplatz	6.50	49:18	7:35	24	17:53	91	27:51	59.30	6:17:19	6:21	15	1:35:28	53	1:42:28
VP10 - Königswe	6.20	40:55	6:35	12	9:42	44	11:30	65.50	6:58:14	6:23	15	1:45:10	52	1:53:58
VP11 - Gedenkst	6.80	46:53	6:53	14	12:00	47	22:34	72.30	7:45:07	6:25	15	1:56:09	51	2:06:45
VP12 - Brauhaus	6.90	47:47	6:55	14	12:05	45	14:40	79.20	8:32:54	6:28	15	2:08:14	51	2:21:25
VP13 - Revierförs	5.70	40:44	7:08	13	10:07	37	10:41	84.90	9:13:38	6:31	14	2:18:21	47	2:32:06
VP14 - Schloss S	6.30	47:03	7:28	14	13:39	35	15:36	91.20	10:00:41	6:35	13	2:31:40	41	2:47:42
VP15 - Pagel & Fi	7.60	50:27	6:38	11	10:40	26	12:45	98.80	10:51:08	6:35	13	2:39:16	35	3:00:27
VP16 - Karolinenl	4.90	37:56	7:44	13	10:49	37	12:21	103.70	11:29:04	6:38	12	2:50:05	33	3:12:48
VP17 - Falkensee	6.50	46:11	7:06	9	8:27	25	13:40	110.20	12:15:15	6:40	11	2:54:28	33	3:26:28
VP18 - Schönwal	5.80	39:32	6:48	6	7:01	16	10:27	116.00	12:54:47	6:40	10	3:01:26	28	3:36:55
VP19 - Grenzturn	7.30	51:49	7:05	6	8:40	18	23:43	123.30	13:46:36	6:42	10	3:08:58	26	3:49:57
VP20 - Rudercluk	4.80	34:36	7:12	9	6:58	21	10:16	128.10	14:21:12	6:43	10	3:15:56	27	4:00:13
VP21 - Frohnau	4.10	33:42	8:13	6	9:44	15	11:03	132.20	14:54:54	6:46	9	3:25:40	25	4:11:16
VP22 - Naturschu	6.40	48:03	7:30	9	10:34	26	14:51	138.60	15:42:57	6:48	9	3:32:12	24	4:26:07
VP23 - Oranienbu	4.50	34:05	7:34	7	6:59	16	9:08	143.10	16:17:02	6:49	9	3:38:18	24	4:35:15
VP24 - Laufftreff l	5.30	40:17	7:36	7	9:00	17	12:03	148.40	16:57:19	6:51	9	3:47:18	24	4:47:18
VP25 - Wilhelmsr	5.70	42:41	7:29	8	9:33	20	12:40	154.10	17:40:00	6:52	9	3:56:09	23	4:59:58
VP26 - Wollankst	3.10	24:56	8:02	10	6:56	31	7:49	157.20	18:04:56	6:54	9	4:03:05	23	5:07:47
Friedrich-Ludwig	4.20	30:37	7:17	19	9:00	56	10:51	161.90	18:35:33	6:53	9	4:10:09	23	5:17:52