



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Østergaard, Bjarne

□□□: 19:04:43

□□: thonimara.dk

□□: 8.44 km/h

□□: 303

□□□□: 7:04 min/km

□□: 161.90 km

□□□□□/□□□□: 34 (of 397)

100MeilenBerlin

□□□□□/□: 29 (of 313)

□□□□□□: 13:17:41

□□□□:

□□□□□: 8(of 70)

Senioren M45 (45-49 Jahre)

□□□□□□□: 16:22:32

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	50:26	5:51	9	6:12	32	6:18	8.60	50:26	5:51	9	6:12	32	6:18	
VP2 - East Side G	4.80	25:15	5:15	6	4:10	30	4:12	13.40	1:15:41	5:38	8	10:22	31	10:27	
VP3 - Dammweg	5.80	34:10	5:53	10	4:22	32	4:58	19.20	1:49:51	5:43	9	14:44	33	15:00	
VP4 - Johannisth	5.70	31:53	5:35	9	5:11	34	7:21	24.90	2:21:44	5:41	9	19:55	32	22:02	
VP5 - Imbiß "Am	9.50	55:25	5:49	8	8:03	34	13:53	34.40	3:17:09	5:43	8	27:58	31	35:52	
VP6 - Buckow	4.50	31:18	6:57	22	8:03	93	10:42	38.90	3:48:27	5:52	10	36:01	33	46:34	
□□□	7.60	44:33	5:51	8	3:51	32	10:31	46.50	4:33:00	5:52	8	39:49	32	57:05	
VP8 - Osdorfer St	6.30	39:24	6:15	12	5:45	48	11:58	52.80	5:12:24	5:55	9	45:34	34	1:09:03	
VP9 - Sportplatz	6.50	51:17	7:53	21	16:43	104	29:50	59.30	6:03:41	6:07	11	1:02:17	43	1:28:50	
VP10 - Königswe	6.20	40:24	6:30	11	4:21	36	10:59	65.50	6:44:05	6:10	11	1:06:38	42	1:39:49	
VP11 - Gedenkst	6.80	48:41	7:09	10	8:28	60	24:22	72.30	7:32:46	6:15	11	1:14:12	42	1:54:24	
VP12 - Brauhaus	6.90	51:00	7:23	14	9:40	74	17:53	79.20	8:23:46	6:21	11	1:19:34	43	2:12:17	
VP13 - Revierförs	5.70	43:56	7:42	21	9:17	77	13:53	84.90	9:07:42	6:27	10	51:07	41	2:26:10	
VP14 - Schloss S	6.30	51:14	8:07	12	13:39	54	19:47	91.20	9:58:56	6:34	10	59:13	40	2:45:57	
VP15 - Pagel & Fi	7.60	53:22	7:01	7	6:35	44	15:40	98.80	10:52:18	6:36	10	1:03:41	37	3:01:37	
VP16 - Karolinenl	4.90	35:44	7:17	5	3:42	22	10:09	103.70	11:28:02	6:38	9	1:07:23	32	3:11:46	
VP17 - Falkensee	6.50	46:22	7:08	7	4:03	31	13:51	110.20	12:14:24	6:39	8	1:11:26	30	3:25:37	
VP18 - Schönwal	5.80	42:05	7:15	9	6:10	29	13:00	116.00	12:56:29	6:41	7	1:17:36	29	3:38:37	
VP19 - Grenzturn	7.30	56:19	7:42	7	9:57	31	28:13	123.30	13:52:48	6:45	7	1:27:33	28	3:56:09	
VP20 - Rudercluk	4.80	35:18	7:21	4	5:57	24	10:58	128.10	14:28:06	6:46	7	1:33:30	28	4:07:07	
VP21 - Frohnau	4.10	36:49	8:58	8	11:02	34	14:10	132.20	15:04:55	6:50	7	1:44:32	26	4:21:17	
VP22 - Naturschu	6.40	48:22	7:33	7	7:57	28	15:10	138.60	15:53:17	6:52	7	1:52:29	26	4:36:27	
VP23 - Oranienbu	4.50	39:22	8:44	13	11:04	46	14:25	143.10	16:32:39	6:56	7	2:03:33	27	4:50:52	
VP24 - Laufftreff l	5.30	44:34	8:24	11	12:07	42	16:20	148.40	17:17:13	6:59	7	2:15:40	27	5:07:12	
VP25 - Wilhelmsr	5.70	44:53	7:52	6	9:06	30	14:52	154.10	18:02:06	7:01	7	2:24:46	26	5:22:04	
VP26 - Wollankst	3.10	30:10	9:43	24	9:46	93	13:03	157.20	18:32:16	7:04	7	2:34:32	27	5:35:07	
Friedrich-Ludwig	4.20	32:27	7:43	26	7:48	101	12:41	161.90	19:04:43	7:04	8	2:42:11	30	5:47:02	