



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Vajen, Heino

000: 19:22:47

00: 100 Marathon Club / TEA /Lauffreunde Osterholz 00: 8.31 km/h

00: 211

0000: 7:11 min/km

00: 161.90 km

00000/0000: 39 (of 397)

100MeilenBerlin

00000/0: 33 (of 313)

000000: 13:17:41

0000:

00000: 2(of 50)

Senioren M55 (55-59 Jahre)

0000000: 18:35:32

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000	00 km	00 00 min/km	00 -	00 -	00 0	00 0	000 km	000 00 min/km	00 -	00 -	00 0	00 0		
VP1 - Checkpoint	8.60	58:22	6:47	14	8:59	122	14:14	8.60	58:22	6:47	14	8:59	122	14:14
VP2 - East Side G	4.80	28:22	5:54	12	3:36	94	7:19	13.40	1:26:44	6:28	14	12:35	105	21:30
VP3 - Dammweg	5.80	37:09	6:24	10	2:36	84	7:57	19.20	2:03:53	6:27	14	15:11	102	29:02
VP4 - Johannisth	5.70	35:15	6:11	9	3:33	86	10:43	24.90	2:39:08	6:23	14	18:33	97	39:26
VP5 - Imbiß "Am	9.50	1:01:08	6:26	10	6:27	87	19:36	34.40	3:40:16	6:24	13	25:00	89	58:59
VP6 - Buckow	4.50	29:43	6:36	6	3:09	67	9:07	38.90	4:09:59	6:25	10	28:09	81	1:08:06
000	7.60	47:32	6:15	4	2:45	53	13:30	46.50	4:57:31	6:23	7	30:54	73	1:21:36
VP8 - Osdorfer St	6.30	40:25	6:24	5	3:38	56	12:59	52.80	5:37:56	6:24	5	33:35	70	1:34:35
VP9 - Sportplatz	6.50	43:39	6:42	2	5:53	37	22:12	59.30	6:21:35	6:26	5	33:31	60	1:46:44
VP10 - Königswe	6.20	41:26	6:40	3	1:14	49	12:01	65.50	7:03:01	6:27	5	31:20	59	1:58:45
VP11 - Gedenkst	6.80	45:58	6:45	3	21:39	41	21:39	72.30	7:48:59	6:29	5	28:00	56	2:10:37
VP12 - Brauhaus	6.90	45:38	6:36	1	-	27	12:31	79.20	8:34:37	6:29	5	21:39	52	2:23:08
VP13 - Revierförs	5.70	43:46	7:40	5	3:07	75	13:43	84.90	9:18:23	6:34	5	22:06	54	2:36:51
VP14 - Schloss S	6.30	46:32	7:23	2	1:14	34	15:05	91.20	10:04:55	6:37	3	23:20	47	2:51:56
VP15 - Pagel & Fi	7.60	59:42	7:51	15	9:20	90	22:00	98.80	11:04:37	6:43	5	28:48	48	3:13:56
VP16 - Karolinenl	4.90	41:49	8:32	6	3:51	70	16:14	103.70	11:46:26	6:48	5	25:47	47	3:30:10
VP17 - Falkensee	6.50	47:18	7:16	2	1:09	36	14:47	110.20	12:33:44	6:50	3	20:17	43	3:44:57
VP18 - Schönwal	5.80	42:59	7:24	2	3:26	34	13:54	116.00	13:16:43	6:52	3	21:57	41	3:58:51
VP19 - Grenzturn	7.30	56:44	7:46	3	25:21	33	28:38	123.30	14:13:27	6:55	3	26:51	40	4:16:48
VP20 - Rudercluk	4.80	37:35	7:49	2	3:00	34	13:15	128.10	14:51:02	6:57	3	29:51	39	4:30:03
VP21 - Frohnau	4.10	37:08	9:03	2	3:26	37	14:29	132.20	15:28:10	7:01	3	33:17	38	4:44:32
VP22 - Naturschu	6.40	57:31	8:59	13	9:28	108	24:19	138.60	16:25:41	7:06	3	42:45	39	5:08:51
VP23 - Oranienbu	4.50	36:01	8:00	2	1:57	29	11:04	143.10	17:01:42	7:08	2	44:42	37	5:19:55
VP24 - Laufftreff l	5.30	41:43	7:52	3	2:17	23	13:29	148.40	17:43:25	7:09	2	46:07	35	5:33:24
VP25 - Wilhelmsr	5.70	45:45	8:01	5	3:06	39	15:44	154.10	18:29:10	7:11	2	49:13	34	5:49:08
VP26 - Wollankst	3.10	26:22	8:30	3	1:24	37	9:15	157.20	18:55:32	7:13	2	50:37	34	5:58:23
Friedrich-Ludwig	4.20	27:15	6:29	2	0:18	29	7:29	161.90	19:22:47	7:10	2	47:15	34	6:05:06