



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

0000

Herger, Ursula

000: 20:23:47

00: smrun

00: 7.89 km/h

00: 195

0000: 7:34 min/km

00: 161.90 km

00000/000: 57 (of 397)

100MeilenBerlin

00000/0: 11 (of 84)

000000: 15:29:48

0000:

00000: 1(of 4)

Seniorinnen W60 (60-64 Jahre)

0000000: 20:23:47

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000	00 km	00 00 min/km	00 -	00 -	00 0	00 0	000 km	000 00 min/km	00 -	00 -	00 0	00 0		
VP1 - Checkpoint	8.60	58:24	6:47	1	-	17	9:20	8.60	58:24	6:47	1	-	17	9:20
VP2 - East Side G	4.80	28:53	6:01	1	-	12	4:06	13.40	1:27:17	6:30	1	-	13	13:26
VP3 - Dammweg	5.80	39:19	6:46	1	-	15	7:36	19.20	2:06:36	6:35	1	-	14	21:02
VP4 - Johannisth	5.70	35:51	6:17	1	-	10	5:36	24.90	2:42:27	6:31	1	-	13	26:38
VP5 - Imbiß "Am	9.50	1:00:44	6:23	1	-	10	8:44	34.40	3:43:11	6:29	1	-	11	35:22
VP6 - Buckow	4.50	31:31	7:00	1	-	11	6:09	38.90	4:14:42	6:32	1	-	12	41:31
000	7.60	54:22	7:09	1	-	20	11:59	46.50	5:09:04	6:38	1	-	13	53:30
VP8 - Osdorfer St	6.30	43:00	6:49	1	-	14	7:33	52.80	5:52:04	6:40	1	-	15	1:01:03
VP9 - Sportplatz	6.50	51:35	7:56	1	-	18	15:45	59.30	6:43:39	6:48	1	-	15	1:16:48
VP10 - Königswe	6.20	46:42	7:31	1	-	21	11:58	65.50	7:30:21	6:52	1	-	15	1:28:46
VP11 - Gedenkst	6.80	48:18	7:06	1	-	10	9:34	72.30	8:18:39	6:53	1	-	15	1:38:20
VP12 - Brauhaus	6.90	48:00	6:57	1	-	8	8:45	79.20	9:06:39	6:54	1	-	12	1:47:05
VP13 - Revierförs	5.70	41:23	7:15	1	-	9	7:30	84.90	9:48:02	6:55	1	-	12	1:54:23
VP14 - Schloss S	6.30	1:00:18	9:34	1	-	18	23:18	91.20	10:48:20	7:06	1	-	14	2:17:41
VP15 - Pagel & Fi	7.60	53:01	6:58	1	-	8	9:27	98.80	11:41:21	7:05	1	-	13	2:27:08
VP16 - Karolinenl	4.90	41:24	8:26	1	-	12	12:44	103.70	12:22:45	7:09	1	-	13	2:39:52
VP17 - Falkensee	6.50	49:53	7:40	1	-	9	12:12	110.20	13:12:38	7:11	1	-	13	2:52:04
VP18 - Schönwal	5.80	42:50	7:23	1	-	9	9:02	116.00	13:55:28	7:12	1	-	12	3:01:06
VP19 - Grenzturn	7.30	55:07	7:33	1	-	7	11:06	123.30	14:50:35	7:13	1	-	12	3:12:12
VP20 - Rudercluk	4.80	35:16	7:20	1	-	8	14:05	128.10	15:25:51	7:13	1	-	11	3:19:05
VP21 - Frohnau	4.10	51:11	12:29	1	-	34	27:53	132.20	16:17:02	7:23	1	-	12	3:46:58
VP22 - Naturschu	6.40	50:26	7:52	1	-	10	12:21	138.60	17:07:28	7:24	1	-	12	3:59:19
VP23 - Oranienbu	4.50	39:02	8:40	1	-	9	10:52	143.10	17:46:30	7:27	1	-	12	4:10:11
VP24 - Lauftreff l	5.30	50:33	9:32	1	-	15	17:37	148.40	18:37:03	7:31	1	-	12	4:27:48
VP25 - Wilhelmsr	5.70	48:12	8:27	1	-	8	12:51	154.10	19:25:15	7:33	1	-	12	4:40:39
VP26 - Wollankst	3.10	28:04	9:03	1	-	15	8:20	157.20	19:53:19	7:35	1	-	11	4:48:40
Friedrich-Ludwig	4.20	30:28	7:15	1	-	11	5:35	161.90	20:23:47	7:33	1	-	11	4:53:59