



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Nowottny- Hupka, Rita

□□□: 20:40:53

□□: LG Ultralauf/ LT Dortmund Wischlingen

□□: 7.83 km/h

□□: 321

□□□□: 7:40 min/km

□□: 161.90 km

□□□□□/□□□: 65 (of 397)

100MeilenBerlin

□□□□□/□: 12 (of 84)

□□□□□□: 15:29:48

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□□□□□: 1(of 15)

Seniorinnen W55 (55-59 Jahre)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	54:29	6:20	1	-	5	5:25	8.60	54:29	6:20	1	-	5	5:25	
VP2 - East Side G	4.80	27:55	5:48	1	-	7	3:08	13.40	1:22:24	6:08	1	-	6	8:33	
VP3 - Dammweg	5.80	38:41	6:40	2	1:11	13	6:58	19.20	2:01:05	6:18	1	-	7	15:31	
VP4 - Johannisth	5.70	35:23	6:12	1	-	8	5:08	24.90	2:36:28	6:17	1	-	8	20:39	
VP5 - Imbiß "Am	9.50	1:00:49	6:24	1	-	12	8:49	34.40	3:37:17	6:18	1	-	8	29:28	
VP6 - Buckow	4.50	32:43	7:16	2	0:58	18	7:21	38.90	4:10:00	6:25	1	-	10	36:49	
□□□	7.60	50:37	6:39	1	-	11	8:14	46.50	5:00:37	6:27	1	-	10	45:03	
VP8 - Osdorfer St	6.30	42:49	6:47	2	2:26	13	7:22	52.80	5:43:26	6:30	1	-	11	52:25	
VP9 - Sportplatz	6.50	46:45	7:11	1	-	8	10:55	59.30	6:30:11	6:34	1	-	8	1:03:20	
VP10 - Königswe	6.20	43:04	6:56	1	-	9	8:20	65.50	7:13:15	6:36	1	-	9	1:11:40	
VP11 - Gedenkst	6.80	50:56	7:29	2	4:12	15	12:12	72.30	8:04:11	6:41	1	-	9	1:23:52	
VP12 - Brauhaus	6.90	48:36	7:02	1	-	9	9:21	79.20	8:52:47	6:43	1	-	9	1:33:13	
VP13 - Revierförs	5.70	42:36	7:28	1	-	12	8:43	84.90	9:35:23	6:46	1	-	9	1:41:44	
VP14 - Schloss S	6.30	47:23	7:31	1	-	7	10:23	91.20	10:22:46	6:49	1	-	8	1:52:07	
VP15 - Pagel & Fi	7.60	55:20	7:16	1	-	11	11:46	98.80	11:18:06	6:51	1	-	9	2:03:53	
VP16 - Karolinenl	4.90	45:30	9:17	3	3:04	23	16:50	103.70	12:03:36	6:58	1	-	9	2:20:43	
VP17 - Falkensee	6.50	51:00	7:50	1	-	11	13:19	110.20	12:54:36	7:01	1	-	10	2:34:02	
VP18 - Schönwal	5.80	45:43	7:52	1	-	11	11:55	116.00	13:40:19	7:04	1	-	10	2:45:57	
VP19 - Grenzturn	7.30	1:02:40	8:35	1	-	15	18:39	123.30	14:42:59	7:09	1	-	11	3:04:36	
VP20 - Rudercluk	4.80	45:01	9:22	3	3:41	20	23:50	128.10	15:28:00	7:14	1	-	12	3:21:14	
VP21 - Frohnau	4.10	36:23	8:52	1	-	8	13:05	132.20	16:04:23	7:17	1	-	11	3:34:19	
VP22 - Naturschu	6.40	56:23	8:48	1	-	16	18:18	138.60	17:00:46	7:21	1	-	11	3:52:37	
VP23 - Oranienbu	4.50	42:55	9:32	1	-	14	14:45	143.10	17:43:41	7:25	1	-	11	4:07:22	
VP24 - Lauftreff l	5.30	48:42	9:11	1	-	11	15:46	148.40	18:32:23	7:29	1	-	11	4:23:08	
VP25 - Wilhelmsr	5.70	52:45	9:15	2	0:28	20	17:24	154.10	19:25:08	7:33	1	-	11	4:40:32	
VP26 - Wollankst	3.10	34:07	11:00	5	9:12	41	14:23	157.20	19:59:15	7:37	1	-	12	4:54:36	
Friedrich-Ludwig	4.20	41:38	9:54	6	7:57	48	16:45	161.90	20:40:53	7:39	1	-	12	5:11:05	