



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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**Bogacz, Rico**

□□□: 20:51:38

□□: 100 Marathon Club

□□: 7.72 km/h

□□: 34

□□□□: 7:44 min/km

□□: 161.90 km

□□□□□/□□□□: 69 (of 397)

100MeilenBerlin

□□□□□/□: 57 (of 313)

□□□□□□: 13:17:41

□□□□:

□□□□□: 4(of 11)

Senioren M30 (30-34 Jahre)

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
VP1 - Checkpoint	8.60	53:54	6:16	4	9:42	46	9:46	8.60	53:54	6:16	4	9:42	46	9:46
VP2 - East Side G	4.80	25:24	5:17	5	4:14	33	4:21	13.40	1:19:18	5:55	4	13:53	41	14:04
VP3 - Dammweg	5.80	34:41	5:58	5	5:29	40	5:29	19.20	1:53:59	5:56	4	19:08	42	19:08
VP4 - Johannisth	5.70	32:27	5:41	5	7:55	40	7:55	24.90	2:26:26	5:52	4	26:41	41	26:44
VP5 - Imbiß "Am	9.50	55:36	5:51	5	14:04	35	14:04	34.40	3:22:02	5:52	4	40:45	35	40:45
VP6 - Buckow	4.50	27:05	6:01	4	6:29	30	6:29	38.90	3:49:07	5:53	4	47:14	34	47:14
□□□	7.60	43:46	5:45	6	9:44	24	9:44	46.50	4:32:53	5:52	4	56:58	30	56:58
VP8 - Osdorfer St	6.30	37:00	5:52	3	9:34	21	9:34	52.80	5:09:53	5:52	4	1:06:32	28	1:06:32
VP9 - Sportplatz	6.50	39:25	6:03	4	17:46	21	17:58	59.30	5:49:18	5:53	4	1:14:27	28	1:14:27
VP10 - Königswe	6.20	43:24	7:00	4	13:59	65	13:59	65.50	6:32:42	5:59	5	1:28:26	30	1:28:26
VP11 - Gedenkst	6.80	52:46	7:45	5	18:40	106	28:27	72.30	7:25:28	6:09	5	1:47:06	39	1:47:06
VP12 - Brauhaus	6.90	57:21	8:18	8	24:14	158	24:14	79.20	8:22:49	6:20	5	2:11:20	42	2:11:20
VP13 - Revierförs	5.70	50:41	8:53	7	20:38	175	20:38	84.90	9:13:30	6:31	5	2:31:58	45	2:31:58
VP14 - Schloss S	6.30	54:02	8:34	5	22:35	81	22:35	91.20	10:07:32	6:39	5	2:54:33	50	2:54:33
VP15 - Pagel & Fi	7.60	1:02:20	8:12	8	24:38	131	24:38	98.80	11:09:52	6:46	5	3:19:11	51	3:19:11
VP16 - Karolinenl	4.90	45:36	9:18	6	20:01	123	20:01	103.70	11:55:28	6:53	5	3:39:12	53	3:39:12
VP17 - Falkensee	6.50	59:17	9:07	8	26:46	162	26:46	110.20	12:54:45	7:01	5	4:05:58	56	4:05:58
VP18 - Schönwal	5.80	52:32	9:03	6	23:27	127	23:27	116.00	13:47:17	7:07	5	4:29:25	55	4:29:25
VP19 - Grenzturn	7.30	1:14:17	10:10	7	46:11	164	46:11	123.30	15:01:34	7:18	4	5:04:55	59	5:04:55
VP20 - Rudercluk	4.80	46:07	9:36	7	21:47	128	21:47	128.10	15:47:41	7:23	4	5:26:42	59	5:26:42
VP21 - Frohnau	4.10	40:00	9:45	5	17:21	56	17:21	132.20	16:27:41	7:28	4	5:44:03	57	5:44:03
VP22 - Naturschu	6.40	59:51	9:21	6	26:39	132	26:39	138.60	17:27:32	7:33	4	6:10:42	61	6:10:42
VP23 - Oranienbu	4.50	41:18	9:10	5	16:21	65	16:21	143.10	18:08:50	7:36	4	6:27:03	60	6:27:03
VP24 - Laufftreff l	5.30	49:14	9:17	5	21:00	78	21:00	148.40	18:58:04	7:40	4	6:48:03	60	6:48:03
VP25 - Wilhelmsr	5.70	52:54	9:16	6	22:53	87	22:53	154.10	19:50:58	7:43	4	7:10:56	59	7:10:56
VP26 - Wollankst	3.10	28:19	9:08	5	11:12	70	11:12	157.20	20:19:17	7:45	4	7:22:08	58	7:22:08
Friedrich-Ludwig	4.20	32:21	7:42	6	12:35	97	12:35	161.90	20:51:38	7:43	4	7:33:57	58	7:33:57