



bewegungsWELTEN mountainbiking

Arnstadt (Marktplatz) / 23.09.2018

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Brock, Ronny

□□□: 3:25:14

□□: Schleusingen (OT Hinternah)

□□: 15.79 km/h

□□: 531

□□: 54.00 km

□□□□□/□□□: 15 (of 25)

Ambitioniert

□□□□□/□: 12 (of 20)

□□□□□□: 2:25:43

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□□□□□: 4(of 6)

Senioren II

□□□□□□□: 3:04:55

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
K3 - Schleife A	5.50	20:03	14.96	5	1:56	15	5:01	5.50	20:03	14.96	5	1:56	15	5:01
K2 Runde	6.50	22:10	16.24	4	2:04	14	5:03	12.00	42:13	17.05	5	3:59	15	10:04
K5 - Schleife B 1	8.00	31:22	15.30	3	3:05	10	9:27	20.00	1:13:35	16.31	4	6:51	13	19:31
K6 - Schleife B 2	3.00	14:09	12.72	3	1:15	12	4:20	23.00	1:27:44	15.73	4	8:03	13	23:51
K7 - Schleife B 3	3.00	5:41	31.67	4	0:43	17	1:17	26.00	1:33:25	16.70	4	8:39	13	25:08
K2 Runde	7.00	28:19	14.83	4	2:28	14	8:08	33.00	2:01:44	16.27	4	11:07	14	33:16
K5 - Schleife B 1	8.00	32:40	14.69	3	3:01	9	10:08	41.00	2:34:24	15.93	4	14:08	12	43:24
K6 - Schleife B 2	3.00	15:27	11.65	4	1:55	11	5:25	44.00	2:49:51	15.54	4	16:03	12	48:49
K7 - Schleife B 3	3.00	5:50	30.86	5	0:39	15	1:26	47.00	2:55:41	16.05	4	16:42	12	50:15
Marktplatz	7.00	29:33	14.21	4	3:37	12	9:16	54.00	3:25:14	15.79	4	20:19	12	59:31