



# bewegungsWELTEN mountainbiking

Arnstadt (Marktplatz) / 23.09.2018

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Hempel, Andreas

□□□: 3:43:45

□□: RSV Adler Arnstadt

□□: 14.48 km/h

□□: 510

□□: 54.00 km

□□□□□/□□□: 20 (of 25)

Ambitioniert

□□□□□/□: 16 (of 20)

□□□□□□: 2:25:43

□□□□:

□□□□□: 5(of 6)

Senioren II

□□□□□□□: 3:04:55

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
K3 - Schleife A	5.50	19:50	16.64	4	1:43	13	4:48	5.50	19:50	16.64	4	1:43	13	4:48
K2 Runde	6.50	22:20	17.46	5	2:14	15	5:13	12.00	42:10	17.08	4	3:56	14	10:01
K5 - Schleife B 1	8.00	31:32	15.22	4	3:15	12	9:37	20.00	1:13:42	16.28	5	6:58	14	19:38
K6 - Schleife B 2	3.00	15:36	11.54	5	2:42	17	5:47	23.00	1:29:18	15.45	5	9:37	14	25:25
K7 - Schleife B 3	3.00	5:14	34.39	3	0:16	11	0:50	26.00	1:34:32	16.50	5	9:46	14	26:15
K2 Runde	7.00	29:57	14.02	5	4:06	17	9:46	33.00	2:04:29	15.91	5	13:52	16	36:01
K5 - Schleife B 1	8.00	40:30	11.85	6	10:51	18	17:58	41.00	2:44:59	14.91	5	24:43	16	53:59
K6 - Schleife B 2	3.00	18:37	9.67	5	5:05	18	8:35	44.00	3:03:36	14.38	5	29:48	16	1:02:34
K7 - Schleife B 3	3.00	5:40	31.76	3	0:29	12	1:16	47.00	3:09:16	14.90	5	30:17	16	1:03:50
Marktplatz	7.00	34:29	12.18	5	8:33	15	14:12	54.00	3:43:45	14.48	5	38:50	16	1:18:02