



bewegungsWELTEN mountainbiking

Arnstadt (Marktplatz) / 23.09.2018

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Willing, Frank

□□□: 3:48:48

□□: Amt wachsenburg

□□: 14.16 km/h

□□: 576

□□: 54.00 km

□□□□□/□□□: 23 (of 25)

Ambitioniert

□□□□□/□: 18 (of 20)

□□□□□□: 2:25:43

□□□□:

□□□□□: 9(of 10)

Senioren I

□□□□□□□: 3:00:48

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
K3 - Schleife A	5.50	22:17	13.46	9	4:16	18	7:15	5.50	22:17	13.46	9	4:16	18	7:15
K2 Runde	6.50	33:37	10.71	10	14:06	20	16:30	12.00	55:54	12.88	10	18:20	20	23:45
K5 - Schleife B 1	8.00	31:42	15.14	6	5:12	13	9:47	20.00	1:27:36	13.70	10	23:32	20	33:32
K6 - Schleife B 2	3.00	15:13	11.83	6	3:13	14	5:24	23.00	1:42:49	13.42	10	26:45	20	38:56
K7 - Schleife B 3	3.00	5:19	33.86	6	0:22	13	0:55	26.00	1:48:08	14.43	10	27:03	20	39:51
K2 Runde	7.00	29:38	14.17	8	5:39	16	9:27	33.00	2:17:46	14.37	9	32:42	18	49:18
K5 - Schleife B 1	8.00	36:18	13.22	6	6:18	13	13:46	41.00	2:54:04	14.13	9	38:50	18	1:03:04
K6 - Schleife B 2	3.00	16:42	10.78	6	2:58	13	6:40	44.00	3:10:46	13.84	9	41:39	18	1:09:44
K7 - Schleife B 3	3.00	5:40	31.76	7	0:23	12	1:16	47.00	3:16:26	14.36	9	41:52	18	1:11:00
Marktplatz	7.00	32:22	12.98	7	6:08	14	12:05	54.00	3:48:48	14.16	9	48:00	18	1:23:05