



# bewegungsWELTEN mountainbiking

Arnstadt (Marktplatz) / 23.09.2018

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## Zentgraf, Knut

□□□: 4:48:13

□□: RSV Adler Arnstadt

□□: 15.61 km/h

□□: 601

□□: 75.00 km

□□□□□/□□□: 11 (of 12)

Expert

□□□□□/□: 11 (of 12)

□□□□□□: 3:26:21

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□□□□□: 5(of 6)

Senioren II

□□□□□□□: 3:26:21

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
K3 - Schleife A	5.50	21:32	15.33	5	6:18	11	6:18	5.50	21:32	15.33	5	6:18	11	6:18
K2 Runde	6.50	21:39	18.01	5	4:42	11	4:42	12.00	43:11	16.67	5	11:00	11	11:00
K5 - Schleife B 1	8.00	30:20	15.82	5	8:18	11	8:18	20.00	1:13:31	16.32	5	19:18	11	19:18
K6 - Schleife B 2	3.00	14:12	12.68	5	4:04	11	4:04	23.00	1:27:43	15.73	5	23:22	11	23:22
K7 - Schleife B 3	3.00	4:38	38.85	2	0:10	2	0:10	26.00	1:32:21	16.89	5	23:32	11	23:32
K2 Runde	7.00	26:17	15.98	4	5:46	10	5:46	33.00	1:58:38	16.69	5	29:18	11	29:18
K5 - Schleife B 1	8.00	34:13	14.03	5	11:17	11	11:17	41.00	2:32:51	16.09	5	40:35	11	40:35
K6 - Schleife B 2	3.00	15:49	11.38	5	5:34	11	5:34	44.00	2:48:40	15.65	5	46:09	11	46:09
K7 - Schleife B 3	3.00	5:13	34.50	2	0:46	5	0:46	47.00	2:53:53	16.22	5	46:55	11	46:55
K2 Runde	7.00	27:55	15.04	4	7:18	10	7:18	54.00	3:21:48	16.06	5	54:13	11	54:13
K5 - Schleife B 1	8.00	35:47	13.41	5	12:45	11	12:45	62.00	3:57:35	15.66	5	1:06:58	11	1:06:58
K6 - Schleife B 2	3.00	16:48	10.71	6	6:24	12	6:24	65.00	4:14:23	15.33	5	1:13:22	11	1:13:22
K7 - Schleife B 3	3.00	5:24	33.33	2	0:51	6	0:51	68.00	4:19:47	15.71	5	1:14:13	11	1:14:13
Marktplatz	7.00	28:26	14.77	4	7:39	10	7:39	75.00	4:48:13	15.61	5	1:21:52	11	1:21:52