



bewegungswELTEN mountainbiking

Arnstadt (Marktplatz) / 23.09.2018

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Zentgraf, Knut

□□□: 4:48:13

□□: RSV Adler Arnstadt

□□: 15.61 km/h

□□: 601

□□: 75.00 km

□□□□□/□□□: 11 (of 12)

Expert

□□□□□/□: 11 (of 12)

□□□□□□: 3:26:21

□□□□:

□□□□□: 5(of 6)

Senioren II

□□□□□□□: 3:26:21

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| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|-------------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| K3 - Schleife A | 5.50 | 21:32 | 13.93 | 5 | 6:18 | 11 | 6:18 | 5.50 | 21:32 | 13.93 | 5 | 6:18 | 11 | 6:18 |
| K2 Runde | 6.50 | 21:39 | 16.63 | 5 | 4:42 | 11 | 4:42 | 12.00 | 43:11 | 16.67 | 5 | 11:00 | 11 | 11:00 |
| K5 - Schleife B 1 | 8.00 | 30:20 | 15.82 | 5 | 8:18 | 11 | 8:18 | 20.00 | 1:13:31 | 16.32 | 5 | 19:18 | 11 | 19:18 |
| K6 - Schleife B 2 | 3.00 | 14:12 | 12.68 | 5 | 4:04 | 11 | 4:04 | 23.00 | 1:27:43 | 15.73 | 5 | 23:22 | 11 | 23:22 |
| K7 - Schleife B 3 | 3.00 | 4:38 | 38.85 | 2 | 0:10 | 2 | 0:10 | 26.00 | 1:32:21 | 16.89 | 5 | 23:32 | 11 | 23:32 |
| K2 Runde | 7.00 | 26:17 | 15.98 | 4 | 5:46 | 10 | 5:46 | 33.00 | 1:58:38 | 16.69 | 5 | 29:18 | 11 | 29:18 |
| K5 - Schleife B 1 | 8.00 | 34:13 | 14.03 | 5 | 11:17 | 11 | 11:17 | 41.00 | 2:32:51 | 16.09 | 5 | 40:35 | 11 | 40:35 |
| K6 - Schleife B 2 | 3.00 | 15:49 | 11.38 | 5 | 5:34 | 11 | 5:34 | 44.00 | 2:48:40 | 15.65 | 5 | 46:09 | 11 | 46:09 |
| K7 - Schleife B 3 | 3.00 | 5:13 | 34.50 | 2 | 0:46 | 5 | 0:46 | 47.00 | 2:53:53 | 16.22 | 5 | 46:55 | 11 | 46:55 |
| K2 Runde | 7.00 | 27:55 | 15.04 | 4 | 7:18 | 10 | 7:18 | 54.00 | 3:21:48 | 16.06 | 5 | 54:13 | 11 | 54:13 |
| K5 - Schleife B 1 | 8.00 | 35:47 | 13.41 | 5 | 12:45 | 11 | 12:45 | 62.00 | 3:57:35 | 15.66 | 5 | 1:06:58 | 11 | 1:06:58 |
| K6 - Schleife B 2 | 3.00 | 16:48 | 10.71 | 6 | 6:24 | 12 | 6:24 | 65.00 | 4:14:23 | 15.33 | 5 | 1:13:22 | 11 | 1:13:22 |
| K7 - Schleife B 3 | 3.00 | 5:24 | 33.33 | 2 | 0:51 | 6 | 0:51 | 68.00 | 4:19:47 | 15.71 | 5 | 1:14:13 | 11 | 1:14:13 |
| Marktplatz | 7.00 | 28:26 | 14.77 | 4 | 7:39 | 10 | 7:39 | 75.00 | 4:48:13 | 15.61 | 5 | 1:21:52 | 11 | 1:21:52 |