



Annecke, Christine

 $\square\square$: Jersleben

□□: 624

□□: 9.60 km 9,6 km - Lauf

Seniorinnen W50 (50-54 Jahre)

□□□: 1:20:28

□□: 6.71 km/h

□□□□: 8:23 min/km

______: 225 (of 230)

□□□□/□: 91 (of 94)

[][][]: 42:41

□□□□: 20(of 20)

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	km		min/km	-	-			km		min/km	-	-		
Ilsestein	4.10	41:08	10:01	20	14:20	93	20:22	4.10	41:08	10:01	20	14:20	93	20:22
Loddenke	2.20	16:17	7:24	20	6:07	90	7:53	6.30	57:25	9:06	20	20:13	93	28:08
llsenburg/Markt	3.30	23:03	6:59	19	7:00	90	10:06	9.60	1:20:28	8:22	20	27:06	91	37:47