



48. Brockenlauf Ilseburg / 01.09.2018

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Hofmeister, Christoph

00: MTK Bad Harzburg

00: 2

Enduro Long Men

0000:

Senioren M30 (30-34 Jahre)

000: 2:00:44

00: - km/h

0000: 4:37 min/km

00000/000: 15 (of 506)

00000/0: 14 (of 416)

000000: 1:44:43

00000: 4(of 45)

0000000: 1:49:19

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Loddenke	3.30	13:53	4:12	4	0:27	10	0:27	3.30	13:53	4:12	4	0:27	10	0:27
Bremer Hütte	2.40	12:35	5:14	4	1:29	12	1:29	5.70	26:28	4:38	4	1:56	10	1:56
Hermannsklippe	3.30	17:07	5:11	4	2:13	12	2:15	9.00	43:35	4:50	4	4:09	10	4:10
Brocken	3.10	22:22	7:12	5	3:22	19	4:01	12.10	1:05:57	5:27	4	7:31	13	8:11
Eiserner Handwe	3.60	15:11	4:13	6	2:06	28	2:39	15.70	1:21:08	5:10	4	8:53	15	10:50
Bremer Hütte	4.10	17:31	4:16	5	1:54	26	2:37	19.80	1:38:39	4:58	4	10:39	15	13:10
Loddenke	3.10	9:06	2:56	4	0:59	22	1:08	22.90	1:47:45	4:42	4	11:04	14	14:18
Ilseburg/Markt	3.30	12:59	3:56	4	1:30	16	1:43	-	2:00:44	-	4	11:25	14	16:01