



# 48. Brockenlauf

Ilseburg / 01.09.2018

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**Klimpke, Susan**

□□: Run for Fun TV Rennerod  
 □□: 209

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Seniorinnen W40 (40-44 Jahre)

□□□: 2:27:58

□□: 10.62 km/h  
 □□□□: 5:39 min/km

□□□□□/□□□: 137 (of 506)

□□□□□/□: 11 (of 90)

□□□□□□: 2:00:04

□□□□□: 2(of 15)

□□□□□□□: 2:11:37

□□□□

□□□□

□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 18:30    | 5:36         | 3       | 2:44    | 12      | 3:49    | 3.30  | 18:30     | 5:36      | 3             | 2:44    | 12      | 3:49    |         |
| Bremer Hütte    | 2.40     | 15:43    | 6:32         | 3       | 1:31    | 12      | 2:42    | 5.70  | 34:13     | 6:00      | 3             | 4:15    | 12      | 6:31    |         |
| Hermannsklippe  | 3.30     | 21:16    | 6:26         | 2       | 2:11    | 10      | 3:10    | 9.00  | 55:29     | 6:09      | 3             | 6:26    | 12      | 9:41    |         |
| Brocken         | 3.10     | 29:51    | 9:37         | 4       | 5:09    | 20      | 6:24    | 12.10 | 1:25:20   | 7:03      | 3             | 11:35   | 14      | 15:51   |         |
| Eiserner Handwe | 3.60     | 17:28    | 4:51         | 2       | 1:38    | 11      | 4:07    | 15.70 | 1:42:48   | 6:32      | 3             | 13:13   | 12      | 19:58   |         |
| Bremer Hütte    | 4.10     | 19:40    | 4:47         | 2       | 1:22    | 6       | 3:14    | 19.80 | 2:02:28   | 6:11      | 2             | 14:35   | 11      | 23:12   |         |
| Loddenke        | 3.10     | 10:32    | 3:23         | 2       | 1:04    | 7       | 1:54    | 22.90 | 2:13:00   | 5:48      | 2             | 15:39   | 11      | 25:06   |         |
| Ilseburg/Markt  | 3.30     | 14:58    | 4:32         | 2       | 0:42    | 9       | 2:48    | 26.20 | 2:27:58   | 5:38      | 2             | 16:21   | 11      | 27:54   |         |