



48. Brockenlauf Ilseburg / 01.09.2018

0000

Fübbeker, Hans

00: LLG Springe

00: 127

Enduro Long Men

0000:

Senioren M45 (45-49 Jahre)

000: 2:40:19

00: - km/h

0000: 6:07 min/km

00000/000: 236 (of 506)

00000/0: 215 (of 416)

000000: 1:44:43

00000: 33(of 66)

0000000: 1:51:00

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0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Loddenke	3.30	18:42	5:40	30	5:16	167	5:16	3.30	18:42	5:40	30	5:16	167	5:16	
Bremer Hütte	2.40	16:00	6:40	25	4:36	172	4:54	5.70	34:42	6:05	27	9:52	172	10:10	
Hermannsklippe	3.30	24:25	7:23	48	8:52	309	9:33	9.00	59:07	6:34	33	18:44	223	19:42	
Brocken	3.10	33:34	10:49	50	13:12	317	15:13	12.10	1:32:41	7:39	42	31:47	269	34:55	
Eiserner Handwe	3.60	19:35	5:26	35	6:21	211	7:03	15.70	1:52:16	7:09	40	38:08	262	41:58	
Bremer Hütte	4.10	21:20	5:12	27	5:50	156	6:26	19.80	2:13:36	6:44	35	43:16	239	48:07	
Loddenke	3.10	10:58	3:32	27	2:58	133	3:00	22.90	2:24:34	6:18	33	45:23	222	51:07	
Ilseburg/Markt	3.30	15:45	4:46	30	4:06	157	4:29	-	2:40:19	-	33	49:19	215	55:36	