



48. Brockenlauf

Ilseburg / 01.09.2018

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Behringer, Melanie

□□: E.ON

□□: 52

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W40 (40-44 Jahre)

□□□: 2:42:20

□□: 9.61 km/h

□□□□: 6:12 min/km

□□□□□/□□□: 249 (of 506)

□□□□□/□: 25 (of 90)

□□□□□□: 2:00:04

□□□□□: 4(of 15)

□□□□□□□: 2:11:37

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:23	6:46	12	6:37	62	7:42	3.30	22:23	6:46	12	6:37	62	7:42
Bremer Hütte	2.40	18:04	7:31	4	3:52	32	5:03	5.70	40:27	7:05	10	10:29	46	12:45
Hermannsklippe	3.30	23:28	7:06	5	4:23	27	5:22	9.00	1:03:55	7:06	7	14:52	43	18:07
Brocken	3.10	28:54	9:19	2	4:12	14	5:27	12.10	1:32:49	7:40	4	19:04	25	23:20
Eiserner Handwe	3.60	19:34	5:26	5	3:44	29	6:13	15.70	1:52:23	7:09	4	22:48	27	29:33
Bremer Hütte	4.10	22:24	5:27	6	4:06	33	5:58	19.80	2:14:47	6:48	4	26:54	26	35:31
Loddenke	3.10	11:32	3:43	4	2:04	22	2:54	22.90	2:26:19	6:23	4	28:58	26	38:25
Ilseburg/Markt	3.30	16:01	4:51	5	1:45	19	3:51	26.20	2:42:20	6:11	4	30:43	25	42:16