



# 48. Brockenlauf

Ilseburg / 01.09.2018

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**Domine, Marco**

□□: Vegan Runners Magdeburg

□□: 91

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 2:42:40

□□: 9.66 km/h

□□□□: 6:13 min/km

□□□□□/□□□: 253 (of 506)

□□□□□/□: 228 (of 416)

□□□□□□: 1:44:43

□□□□□: 38(of 72)

□□□□□□□: 2:13:51

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	18:06	5:29	21	2:40	125	4:40	3.30	18:06	5:29	21	2:40	125	4:40
Bremer Hütte	2.40	16:23	6:49	31	2:27	196	5:17	5.70	34:29	6:02	27	3:53	165	9:57
Hermannsklippe	3.30	22:41	6:52	34	4:06	226	7:49	9.00	57:10	6:21	29	7:59	184	17:45
Brocken	3.10	30:30	9:50	31	6:31	227	12:09	12.10	1:27:40	7:14	29	14:30	198	29:54
Eiserner Handwe	3.60	18:07	5:01	22	2:34	140	5:35	15.70	1:45:47	6:44	29	16:12	182	35:29
Bremer Hütte	4.10	23:42	5:46	43	5:12	271	8:48	19.80	2:09:29	6:32	30	20:42	196	44:00
Loddenke	3.10	13:19	4:17	49	4:09	305	5:21	22.90	2:22:48	6:14	33	22:36	210	49:21
Ilseburg/Markt	3.30	19:52	6:01	61	6:44	360	8:36	26.20	2:42:40	6:12	38	28:49	228	57:57