



48. Brockenlauf

Ilseburg / 01.09.2018

0000

Roth, Klaus

00: Intro Braunschweig

00: 563

Enduro Long Men

0000:

Senioren M55 (55-59 Jahre)

000: 2:43:08

00: - km/h

0000: 6:14 min/km

00000/000: 259 (of 506)

00000/0: 233 (of 416)

000000: 1:44:43

00000: 33(of 52)

0000000: 2:08:09

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Loddenke	3.30	18:45	5:40	19	2:22	173	5:19	3.30	18:45	5:40	19	2:22	173	5:19	
Bremer Hütte	2.40	17:10	7:09	32	3:16	252	6:04	5.70	35:55	6:18	25	5:31	210	11:23	
Hermannsklippe	3.30	23:23	7:05	34	4:55	255	8:31	9.00	59:18	6:35	27	10:26	226	19:53	
Brocken	3.10	33:19	10:44	42	10:56	309	14:58	12.10	1:32:37	7:39	39	19:41	267	34:51	
Eiserner Handwe	3.60	17:56	4:58	16	3:43	132	5:24	15.70	1:50:33	7:02	34	22:04	243	40:15	
Bremer Hütte	4.10	22:30	5:29	25	5:13	214	7:36	19.80	2:13:03	6:43	34	27:15	232	47:34	
Loddenke	3.10	12:46	4:07	37	3:49	271	4:48	22.90	2:25:49	6:22	34	30:52	234	52:22	
Ilseburg/Markt	3.30	17:19	5:14	35	4:21	247	6:03	-	2:43:08	-	33	34:59	233	58:25	