



48. Brockenlauf

Ilseburg / 01.09.2018

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Ramberg, Lini

□□: Hannover Runners
 □□: 299

Enduro Long Men

□□□□:
 Seniorinnen W40 (40-44 Jahre)

□□□: 2:48:57

□□: - km/h
 □□□□: 6:27 min/km

□□□□□/□□□: 313 (of 506)

□□□□□/□: 34 (of 90)

□□□□□□: 2:00:04

□□□□□: 6(of 15)

□□□□□□□: 2:11:37

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:22	6:10	5	4:36	33	5:41	3.30	20:22	6:10	5	4:36	33	5:41	
Bremer Hütte	2.40	18:41	7:47	9	4:29	45	5:40	5.70	39:03	6:51	5	9:05	38	11:21	
Hermannsklippe	3.30	25:04	7:35	9	5:59	42	6:58	9.00	1:04:07	7:07	9	15:04	45	18:19	
Brocken	3.10	34:43	11:11	10	10:01	48	11:16	12.10	1:38:50	8:10	9	25:05	44	29:21	
Eiserner Handwe	3.60	20:45	5:45	7	4:55	41	7:24	15.70	1:59:35	7:37	7	30:00	41	36:45	
Bremer Hütte	4.10	21:31	5:14	4	3:13	21	5:05	19.80	2:21:06	7:07	6	33:13	34	41:50	
Loddenke	3.10	11:40	3:45	6	2:12	26	3:02	22.90	2:32:46	6:40	6	35:25	34	44:52	
Ilseburg/Markt	3.30	16:11	4:54	6	1:55	23	4:01	-	2:48:57	-	6	37:20	34	48:53	