



48. Brockenlauf

Ilseburg / 01.09.2018

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Eggert, Irmgard

□□: Rennsteiglaufverein

□□: 28

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W65 (65-69 Jahre)

□□□: 2:55:59

□□: 8.86 km/h

□□□□: 6:43 min/km

□□□□□/□□□: 362 (of 506)

□□□□□/□: 48 (of 90)

□□□□□□: 2:00:04

□□□□□: 1(of 3)

□□□□□□□: 2:55:59

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Loddenke	3.30	21:10	6:24	1	-	46	6:29	3.30	21:10	6:24	1	-	46	6:29
Bremer Hütte	2.40	19:30	8:07	1	-	54	6:29	5.70	40:40	7:08	1	-	49	12:58
Hermannsklippe	3.30	26:15	7:57	1	-	52	8:09	9.00	1:06:55	7:26	1	-	52	21:07
Brocken	3.10	35:03	11:18	1	-	52	11:36	12.10	1:41:58	8:25	1	-	52	32:29
Eiserner Handwe	3.60	20:04	5:34	1	-	36	6:43	15.70	2:02:02	7:46	1	-	50	39:12
Bremer Hütte	4.10	23:37	5:45	1	-	44	7:11	19.80	2:25:39	7:21	1	-	48	46:23
Loddenke	3.10	12:41	4:05	1	-	43	4:03	22.90	2:38:20	6:54	1	-	48	50:26
Ilseburg/Markt	3.30	17:39	5:20	1	-	44	5:29	26.20	2:55:59	6:43	1	-	48	55:55