



# 48. Brockenlauf

Ilseburg / 01.09.2018

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**Netzker, Dr. Gabriele**

□□: Wandelbegleiter

□□: 276

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 3:06:03

□□: 8.45 km/h

□□□□: 7:06 min/km

□□□□□/□□□: 418 (of 506)

□□□□□/□: 61 (of 90)

□□□□□□: 2:00:04

□□□□□: 11(of 16)

□□□□□□□: 2:23:48

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	25:12	7:38	16	6:24	85	10:31	3.30	25:12	7:38	16	6:24	85	10:31
Bremer Hütte	2.40	21:19	8:52	11	6:04	68	8:18	5.70	46:31	8:09	16	12:28	83	18:49
Hermannsklippe	3.30	27:34	8:21	11	6:48	61	9:28	9.00	1:14:05	8:13	13	19:16	75	28:17
Brocken	3.10	32:42	10:32	7	5:23	37	9:15	12.10	1:46:47	8:49	11	24:39	62	37:18
Eiserner Handwe	3.60	22:10	6:09	12	5:05	60	8:49	15.70	2:08:57	8:12	11	29:44	61	46:07
Bremer Hütte	4.10	24:38	6:00	11	5:06	58	8:12	19.80	2:33:35	7:45	11	34:50	61	54:19
Loddenke	3.10	13:31	4:21	11	2:48	58	4:53	22.90	2:47:06	7:17	11	37:38	61	59:12
Ilseburg/Markt	3.30	18:57	5:44	11	4:37	60	6:47	26.20	3:06:03	7:06	11	42:15	61	1:05:59