



48. Brockenlauf

Ilseburg / 01.09.2018

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Stutzkowski, Elke

□□: Blankenburg

□□: 397

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W55 (55-59 Jahre)

□□□: 3:08:58

□□: 8.26 km/h

□□□□: 7:13 min/km

□□□□□/□□□: 423 (of 506)

□□□□□/□: 63 (of 90)

□□□□□□: 2:00:04

□□□□□: 4(of 6)

□□□□□□□: 2:42:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:42	6:52	4	3:08	64	8:01	3.30	22:42	6:52	4	3:08	64	8:01
Bremer Hütte	2.40	20:31	8:32	5	2:47	65	7:30	5.70	43:13	7:34	4	5:55	63	15:31
Hermannsklippe	3.30	27:54	8:27	5	4:46	65	9:48	9.00	1:11:07	7:54	4	10:41	66	25:19
Brocken	3.10	37:14	12:00	5	7:29	68	13:47	12.10	1:48:21	8:57	5	18:10	67	38:52
Eiserner Handwe	3.60	22:09	6:09	4	2:34	59	8:48	15.70	2:10:30	8:18	4	20:37	63	47:40
Bremer Hütte	4.10	25:40	6:15	4	2:52	65	9:14	19.80	2:36:10	7:53	4	23:29	63	56:54
Loddenke	3.10	13:37	4:23	4	1:13	61	4:59	22.90	2:49:47	7:24	4	24:42	64	1:01:53
Ilseburg/Markt	3.30	19:11	5:48	3	1:41	64	7:01	26.20	3:08:58	7:12	4	26:04	63	1:08:54