



# 48. Brockenlauf

Ilseburg / 01.09.2018

0000

Benter, Christoph

00: Göttingen

00: 287

Enduro Long Men

0000:

Senioren M65 (65-69 Jahre)

000: 3:11:43

00: - km/h

0000: 7:19 min/km

00000/000: 433 (of 506)

00000/0: 369 (of 416)

000000: 1:44:43

00000: 9(of 15)

0000000: 2:31:22

0000

0000

000

| 000             | 00   | 00    | 00     | 00 | 00   | 00  | 00    | 000   | 000     | 000    | 00 | 00    | 00  | 00      |
|-----------------|------|-------|--------|----|------|-----|-------|-------|---------|--------|----|-------|-----|---------|
|                 | km   | 00    | min/km | -  | -    | 0   | 0     | km    | 00      | min/km | -  | -     | 0   | 0       |
| Loddenke        | 3.30 | 21:25 | 6:29   | 5  | 1:55 | 328 | 7:59  | 3.30  | 21:25   | 6:29   | 5  | 1:55  | 328 | 7:59    |
| Bremer Hütte    | 2.40 | 19:19 | 8:02   | 5  | 2:19 | 347 | 8:13  | 5.70  | 40:44   | 7:08   | 4  | 4:10  | 340 | 16:12   |
| Hermannsklippe  | 3.30 | 25:47 | 7:48   | 7  | 3:32 | 346 | 10:55 | 9.00  | 1:06:31 | 7:23   | 5  | 7:42  | 343 | 27:06   |
| Brocken         | 3.10 | 33:45 | 10:53  | 6  | 4:49 | 320 | 15:24 | 12.10 | 1:40:16 | 8:17   | 7  | 12:31 | 344 | 42:30   |
| Eiserner Handwe | 3.60 | 25:47 | 7:09   | 13 | 8:08 | 384 | 13:15 | 15.70 | 2:06:03 | 8:01   | 9  | 20:39 | 361 | 55:45   |
| Bremer Hütte    | 4.10 | 28:03 | 6:50   | 13 | 7:34 | 378 | 13:09 | 19.80 | 2:34:06 | 7:46   | 9  | 28:13 | 363 | 1:08:37 |
| Loddenke        | 3.10 | 15:39 | 5:02   | 13 | 4:57 | 381 | 7:41  | 22.90 | 2:49:45 | 7:24   | 9  | 33:10 | 365 | 1:16:18 |
| Ilseburg/Markt  | 3.30 | 21:58 | 6:39   | 13 | 7:11 | 384 | 10:42 | -     | 3:11:43 | -      | 9  | 40:21 | 370 | 1:27:00 |