



48. Brockenlauf

Ilseburg / 01.09.2018

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Kuegler, Daniela

□□: Mühlholzer
□□: 229

□□: 26.20 km
26,2 km - Lauf

□□□□:
Seniorinnen W40 (40-44 Jahre)

□□□: 3:16:22

□□: 8.01 km/h
□□□□: 7:29 min/km

□□□□□/□□□: 448 (of 506)

□□□□□/□: 70 (of 90)

□□□□□□: 2:00:04

□□□□□: 13(of 15)

□□□□□□□: 2:11:37

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	24:25	7:23	14	8:39	81	9:44	3.30	24:25	7:23	14	8:39	81	9:44
Bremer Hütte	2.40	21:36	9:00	12	7:24	70	8:35	5.70	46:01	8:04	14	16:03	78	18:19
Hermannsklippe	3.30	28:22	8:35	13	9:17	71	10:16	9.00	1:14:23	8:15	13	25:20	79	28:35
Brocken	3.10	35:39	11:30	11	10:57	56	12:12	12.10	1:50:02	9:05	13	36:17	68	40:33
Eiserner Handwe	3.60	23:26	6:30	11	7:36	69	10:05	15.70	2:13:28	8:30	13	43:53	70	50:38
Bremer Hütte	4.10	28:09	6:51	13	9:51	77	11:43	19.80	2:41:37	8:09	13	53:44	71	1:02:21
Loddenke	3.10	14:22	4:38	11	4:54	67	5:44	22.90	2:55:59	7:41	13	58:38	70	1:08:05
Ilseburg/Markt	3.30	20:23	6:10	13	6:07	70	8:13	26.20	3:16:22	7:29	13	1:04:45	70	1:16:18