



5. Erfurt Marathon

Erfurt / 18.08.2018

0000

Arthrose

00: 423

00: 42.00 km

Erfurt Marathon 4er Staffel

0000:

Mixstaffel

000: 3:54:04

00: 10.77 km/h

0000: 5:34 min/km

00000: 10 (of 24)

000000: 3:03:06

00000: 5(of 11)

0000000: 3:18:06

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Wechselstelle 1	10.07	1:08:18	6:46	11	23:39	24	25:36	10.07	1:08:18	6:46	11	23:39	24	25:36
Wechselstelle 2	11.49	55:53	4:51	1	-	2	5:00	21.56	2:04:11	5:45	6	23:08	13	30:36
Wechselstelle 3	9.44	47:27	5:01	4	4:27	8	6:16	31.00	2:51:38	5:32	4	27:35	7	36:52
Erfurt	11.00	1:02:26	5:40	8	13:19	17	15:47	42.00	3:54:04	5:34	5	35:58	10	50:58