



4. Erfurter Campuslauf

Erfurt / 16.05.2018

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Pausch, Nancy

□□: Kenias letzte Reserve

□□: 153

□□: 10.00 km

Hauptlauf

□□□□:

Seniorinnen W40 (40-44 Jahre)

□□□: 1:05:33

□□: 9.15 km/h

□□□□: 6:34 min/km

□□□□□/□□□: 72 (of 72)

□□□□□/□: 21 (of 21)

□□□□□□: 46:12

□□□□□: 1(of 1)

□□□□□□□: 1:05:33

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Runde | 2.00 | 12:07 | 6:03 | 1 | - | 20 | 3:16 | 2.00 | 12:07 | 6:03 | 1 | - | 20 | 3:16 | |
| Runde | 2.00 | 12:26 | 6:13 | 1 | - | 21 | 3:10 | 4.00 | 24:33 | 6:08 | 1 | - | 21 | 6:20 | |
| Runde | 2.00 | 13:34 | 6:46 | 1 | - | 21 | 4:13 | 6.00 | 38:07 | 6:21 | 1 | - | 21 | 10:27 | |
| Runde | 2.00 | 13:38 | 6:48 | 1 | - | 21 | 4:24 | 8.00 | 51:45 | 6:28 | 1 | - | 21 | 14:51 | |
| Ziel | 2.00 | 13:48 | 6:54 | 1 | - | 21 | 4:30 | 10.00 | 1:05:33 | 6:33 | 1 | - | 21 | 19:21 | |