

4. Erfurter Campuslauf Erfurt / 16.05.2018



Brauns, Jörg

□□: Uni Erfurt

□□: 184

□□: 10.00 km Hauptlauf

Senioren M50 (50-54 Jahre)

□□□: 50:30

□□: 11.88 km/h

□□□□: 5:03 min/km

_____: 44 (of 72)

□□□□□/□: 39 (of 51)

[][][]: 33:48

____: 2(of 3)

_____: 42:53

	km		min/km	-	-			km		min/km	-	-		
Runde	2.00	10:06	5:02	2	1:46	38	7:50	2.00	10:06	5:02	2	1:46	38	7:50
Runde	2.00	10:06	5:02	2	1:35	37	3:17	4.00	20:12	5:02	2	3:21	38	7:50
Runde	2.00	10:06	5:02	2	1:22	40	3:19	6.00	30:18	5:02	2	4:43	38	10:01
Runde	2.00	10:06	5:02	2	1:21	39	3:21	8.00	40:24	5:02	2	6:04	38	13:22
Ziel	2.00	10:06	5:02	2	1:33	40	3:20	10.00	50:30	5:02	2	7:37	39	16:42