



Erkner Triathlon 2.0

Erkner / 08.09.2018

Erkner

Niemann, Rayk

City: Berlin

Age: 1216

Distance: 10.00 km

Erkner Stadtlauf 10 km

Category: SEN2 / TW 45

Time: 49:07

Speed: 12.22 km/h

Pace: 4:55 min/km

Rank: 11 (of 29)

Rank: 10 (of 17)

Time: 35:06

Rank: 2 (of 3)

Time: 45:58

Erkner

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Erkner	km	Time	Pace	Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	
Erkner	km	Time	Pace	Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	
Erkner 1	0.30	1:40	5:33	3	0:15	14	0:36		0.30	1:40	5:33	3	0:15	14	0:36
Erkner 10	9.70	47:27	4:53	2	2:57	9	13:25		10.00	49:07	4:54	2	3:09	10	14:01