



# Erkner Triathlon 2.0

Erkner / 08.09.2018

Erkner

## Janßen, Martin

City: Berlin

Age: 1230

Distance: 10.00 km

Erkner Stadtlauf 10 km

Gender: Male

AK2 / TW 25

Time: 54:18

Speed: 11.05 km/h

Pace: 5:26 min/km

Rank: 19 (of 29)

Rank: 14 (of 17)

Time: 35:06

Rank: 1 (of 1)

Time: 54:18

Erkner

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Erkner	km	min	sec	min/km	-	-	sec	sec	Erkner	km	min	sec	min/km	-	-	sec	sec
Erkner 1	0.30	1:40	5:33	1	-	14	0:36		Erkner 1	0.30	1:40	5:33	1	-	14	0:36	
Erkner 10	9.70	52:38	5:25	1	-	14	18:36		Erkner 10	10.00	54:18	5:25	1	-	14	19:12	