



Erkner Triathlon 2.0

Erkner / 09.09.2018

0000

Tappe, Melanie

000: 2:58:46

00: Berlin

00: 332

00: 51.89 km

Olympisch

0000:

SEN2 / TW 45

00000/000: 131 (of 236)

00000/0: 13 (of 38)

000000: 2:37:05

00000: 4(of 5)

0000000: 2:41:29

0000

0000

000

| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|----------------|-------|---------|--------|----|-------|----|-------|-------|---------|--------|----|-------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Schwimmen nett | 1.50 | 41:46 | 27:50 | 5 | 11:37 | 26 | 16:12 | 1.50 | 41:46 | 27:50 | 5 | 11:37 | 26 | 16:12 |
| Wechsel S -> R | 0.26 | 3:30 | 13:27 | 3 | 1:01 | 19 | 2:14 | 1.76 | 45:16 | 25:43 | 5 | 12:33 | 25 | 15:44 |
| Schwimmen 000 | 1.76 | 45:16 | 25:43 | 5 | 12:33 | 25 | 15:44 | 1.76 | 45:16 | 25:43 | 5 | 12:33 | 25 | 15:44 |
| Rad netto | 40.00 | 1:18:23 | 1:57 | 3 | 1:10 | 8 | 5:44 | 41.76 | 2:03:39 | 2:57 | 5 | 13:43 | 16 | 19:18 |
| Wechsel R -> L | 0.13 | 1:28 | 11:16 | 2 | 0:06 | 8 | 0:31 | 41.89 | 2:05:07 | 2:59 | 5 | 13:49 | 16 | 19:49 |
| Rad 000 | 40.13 | 1:19:51 | 1:59 | 2 | 1:16 | 7 | 5:39 | 41.89 | 2:05:07 | 2:59 | 5 | 13:49 | 16 | 19:49 |
| Lauf | 10.00 | 53:39 | 5:21 | 2 | 3:28 | 10 | 4:36 | 51.89 | 2:58:46 | 3:26 | 4 | 17:17 | 13 | 21:41 |