



# Erkner Triathlon 2.0

Erkner / 09.09.2018

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## Weiler, Tom

000: 5:41:37

00: Markt Indersdorf

00: 75

00: 116.79 km

Mittel Distanz

00000/000: 43 (of 87)

00000/0: 42 (of 76)

000000: 4:35:09

0000:

AK2 / TM 25

00000: 6(of 9)

0000000: 4:35:09

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.90	42:13	22:13	8	13:54	57	40:40	1.90	42:13	22:13	8	13:54	57	40:40
Wechsel S -> R	0.26	2:28	9:29	3	0:42	14	0:51	2.16	44:41	20:41	5	14:10	48	14:11
Schwimmen 000	2.16	44:41	20:41	5	14:10	48	14:11	2.16	44:41	20:41	5	14:10	48	14:11
Rad netto	93.00	2:53:28	1:51	4	17:45	29	41:54	95.16	3:38:09	2:17	5	31:16	37	44:46
Wechsel R -> L	0.13	2:13	17:03	6	1:00	44	1:12	95.29	3:40:22	2:18	5	31:58	36	31:58
Rad 000	93.13	2:55:41	1:53	4	18:27	28	28:19	95.29	3:40:22	2:18	5	31:58	36	31:58
Lauf	21.50	2:01:15	5:38	8	34:30	50	34:30	116.79	5:41:37	2:55	6	1:06:28	42	1:06:28