



Erkner Triathlon 2.0

Erkner / 09.09.2018

0000

Thiem, Oliver

000: 2:49:27

00: Berlin

00: 335

00: 51.89 km

Olympisch

0000:

SEN1 / TM 40

00000/000: 87 (of 236)

00000/0: 80 (of 198)

000000: 2:14:41

00000: 12(of 28)

0000000: 2:29:21

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|----------------|-------|---------|--------|----|-------|-----|-------|-------|---------|--------|----|-------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Schwimmen nett | 1.50 | 34:24 | 22:56 | 5 | 5:28 | 46 | 9:42 | 1.50 | 34:24 | 22:56 | 5 | 5:28 | 46 | 9:42 |
| Wechsel S -> R | 0.26 | 3:14 | 12:26 | 13 | 1:12 | 102 | 1:54 | 1.76 | 37:38 | 21:22 | 5 | 6:40 | 50 | 10:43 |
| Schwimmen 000 | 1.76 | 37:38 | 21:22 | 5 | 6:40 | 50 | 10:43 | 1.76 | 37:38 | 21:22 | 5 | 6:40 | 50 | 10:43 |
| Rad netto | 40.00 | 1:14:39 | 1:51 | 11 | 7:44 | 79 | 12:15 | 41.76 | 1:52:17 | 2:41 | 6 | 10:48 | 63 | 21:54 |
| Wechsel R -> L | 0.13 | 2:09 | 16:32 | 18 | 1:03 | 141 | 1:23 | 41.89 | 1:54:26 | 2:43 | 6 | 11:50 | 64 | 22:44 |
| Rad 000 | 40.13 | 1:16:48 | 1:54 | 13 | 8:46 | 84 | 13:33 | 41.89 | 1:54:26 | 2:43 | 6 | 11:50 | 64 | 22:44 |
| Lauf | 10.00 | 55:01 | 5:30 | 14 | 12:22 | 114 | 16:50 | 51.89 | 2:49:27 | 3:15 | 12 | 20:06 | 80 | 34:46 |