



15. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 31.03.2018

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HOPF, Kristin

00: Meininger Mountainbikeverein  
 00: 395

00: 18.50 km  
 Lange Strecke

0000:  
 Seniorinnen W40 (40-44 Jahre)

000: 1:44:38

00: 10.61 km/h  
 0000: 5:40 min/km

00000/000: 106 (of 144)

00000/0: 12 (of 26)

000000: 1:25:01

00000: 2(of 3)

0000000: 1:37:57

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| 000   | 00   | 00    | 00     | 00 | 00   | 00 | 00    | 000   | 000     | 000    | 00 | 00   | 00 | 00    |
|-------|------|-------|--------|----|------|----|-------|-------|---------|--------|----|------|----|-------|
|       | km   | 00    | min/km | -  | -    | 0  | 0     | km    | 00      | min/km | -  | -    | 0  | 0     |
| Runde | 9.30 | 50:56 | 5:28   | 2  | 2:48 | 10 | 9:18  | 9.30  | 50:56   | 5:28   | 2  | 2:48 | 10 | 9:18  |
| Runde | 9.00 | 52:42 | 5:51   | 2  | 3:47 | 12 | 10:08 | 18.30 | 1:43:38 | 5:39   | 2  | 6:35 | 11 | 19:26 |
| Ziel  | 0.20 | 1:00  | 5:00   | 3  | 0:06 | 15 | 0:11  | 18.50 | 1:44:38 | 5:39   | 2  | 6:41 | 12 | 19:37 |