



Wollny, Olaf

□□: Erfurt
□□: 95

□□: 14.00 km Hauptlauf

Senioren M30 (30-34 Jahre)

□□□: 1:43:47

□□: 8.09 km/h

□□□□: 7:25 min/km

_____: 157 (of 164)

_______: 119 (of 124)

____: 47:12

□□□□: 15(of 15)

____: 50:24

	km		min/km	-	-			km		min/km	-	-		
Kontrolle	5.80	44:22	7:38	15	22:56	120	24:13	5.80	44:22	7:38	15	22:56	120	24:13
Ziel	8.20	59:25	7:14	15	30:27	117	32:22	14.00	1:43:47	7:24	15	53:23	119	56:35