



MARBACH, Susanne

□□: Laufwerk Wü

□□: 135

□□: 9.75 km
10 km Lauf

Seniorinnen W30 (30-34 Jahre)

□□□: 56:13

□□: 9.61 km/h

□□□□: 5:46 min/km

______: 117 (of 215)

____/_: 26 (of 81)

[][][]: 41:42

□□□□: 5(of 13)

____: 42:39

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	km		min/km	-	-			km		min/km	-	-		
1	3.25	21:52	6:43	11	8:22	69	8:28	3.25	21:52	6:43	11	8:22	69	8:28
<u> </u>	3.25	16:55	5:12	2	2:26	9	3:00	6.50	38:47	5:58	6	10:48	32	11:28
	3.25	17:26	5:21	2	2:46	12	3:03	9.75	56:13	5:45	5	13:34	27	37:00