



12. Kristall-Marathon

Merkers / 18.02.2018

0000

DELLITH, Tilmann

00: -

00: 29

00: 9.75 km

10 km Lauf

0000:

Männer (20-29 Jahre)

000: 41:36

00: 14.06 km/h

0000: 4:16 min/km

00000/000: 16 (of 215)

00000/0: 16 (of 134)

000000: 36:45

00000: 4(of 9)

0000000: 36:45

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|------|-------|--------|----|------|----|------|------|-------|--------|----|------|----|------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 3.25 | 14:23 | 4:25 | 6 | 2:43 | 30 | 2:51 | 3.25 | 14:23 | 4:25 | 6 | 2:43 | 30 | 2:51 |
| 00 2 | 3.25 | 13:30 | 4:09 | 3 | 0:55 | 10 | 0:55 | 6.50 | 27:53 | 4:17 | 5 | 3:38 | 19 | 3:38 |
| 000 00 | 3.25 | 13:43 | 4:13 | 4 | 1:13 | 11 | 1:14 | 9.75 | 41:36 | 4:15 | 4 | 4:51 | 16 | 4:51 |