



12. Kristall-Marathon

Merkers / 18.02.2018

0000

VOGT, Carsten

00: -

00: 534

00: 22.75 km

Halbmarathon

0000:

Senioren M55 (55-59 Jahre)

000: 1:51:30

00: 12.24 km/h

0000: 4:54 min/km

00000/0000: 61 (of 261)

00000/0: 57 (of 215)

000000: 1:25:10

00000: 2(of 20)

0000000: 1:47:11

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:30	5:04	5	1:45	101	5:12	3.25	16:30	5:04	5	1:45	101	5:12
00 2	3.25	15:42	4:49	4	0:39	68	3:53	6.50	32:12	4:57	4	2:24	81	8:51
00 3	3.25	15:51	4:52	3	0:35	60	3:39	9.75	48:03	4:55	4	2:59	72	12:30
00 4	3.25	15:44	4:50	2	0:28	52	3:18	13.00	1:03:47	4:54	4	3:27	67	15:48
00 5	3.25	15:48	4:51	2	0:18	46	3:18	16.25	1:19:35	4:53	4	3:45	64	19:06
00 6	3.25	15:52	4:52	2	0:07	47	3:24	19.50	1:35:27	4:53	2	3:52	58	22:30
000 00	3.25	16:03	4:56	2	0:27	52	13:57	22.75	1:51:30	4:54	2	4:19	59	1:49:24