



# 12. Kristall-Marathon

Merkers / 18.02.2018

0000

ZDEBIK, Rose

00: SV Birkenhard

00: 567

00: 22.75 km

Halbmarathon

0000:

Seniorinnen W50 (50-54 Jahre)

000: 1:53:10

00: 11.66 km/h

0000: 4:58 min/km

00000/0000: 67 (of 261)

00000/0: 5 (of 46)

000000: 1:46:29

00000: 1(of 7)

0000000: 1:53:10

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	14:49	4:33	1	-	4	1:38	3.25	14:49	4:33	1	-	4	1:38
00 2	3.25	15:22	4:43	1	-	4	1:10	6.50	30:11	4:38	1	-	4	2:48
00 3	3.25	15:50	4:52	1	-	5	0:57	9.75	46:01	4:43	1	-	4	3:45
00 4	3.25	16:18	5:00	1	-	5	1:02	13.00	1:02:19	4:47	1	-	5	4:47
00 5	3.25	16:50	5:10	1	-	5	1:05	16.25	1:19:09	4:52	1	-	5	5:44
00 6	3.25	17:02	5:14	1	-	5	0:55	19.50	1:36:11	4:55	1	-	5	6:07
000 00	3.25	16:59	5:13	1	-	5	1:24	22.75	1:53:10	4:58	1	-	5	6:41