



12. Kristall-Marathon

Merkers / 18.02.2018

0000

MEYER, Olaf

00: SG Siegen-Giersberg

00: 451

00: 22.75 km

Halbmarathon

0000:

Senioren M50 (50-54 Jahre)

000: 1:59:02

00: 11.47 km/h

0000: 5:14 min/km

00000/000: 79 (of 261)

00000/0: 74 (of 215)

000000: 1:25:10

00000: 13(of 42)

0000000: 1:35:41

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:43	4:50	14	3:11	81	4:25	3.25	15:43	4:50	14	3:11	81	4:25
00 2	3.25	16:31	5:04	18	3:20	86	4:42	6.50	32:14	4:57	15	6:31	82	8:53
00 3	3.25	17:00	5:13	16	3:25	84	4:48	9.75	49:14	5:02	15	9:56	81	13:41
00 4	3.25	17:04	5:15	15	2:55	76	4:38	13.00	1:06:18	5:05	14	12:51	78	18:19
00 5	3.25	17:29	5:22	15	3:05	77	4:59	16.25	1:23:47	5:09	15	15:41	80	23:18
00 6	3.25	17:44	5:27	14	3:53	79	5:16	19.50	1:41:31	5:12	15	19:34	79	28:34
000 00	3.25	17:31	5:23	15	3:47	77	15:25	22.75	1:59:02	5:13	13	23:21	76	1:56:56