



12. Kristall-Marathon

Merkers / 18.02.2018

□□□□

TEWS, Gabi

□□: SV Birkenhard

□□: 526

□□: 22.75 km

Halbmarathon

□□□□:

Seniorinnen W55 (55-59 Jahre)

□□□: 2:05:01

□□: 10.56 km/h

□□□□: 5:30 min/km

□□□□□/□□□: 108 (of 261)

□□□□□/□: 11 (of 46)

□□□□□□: 1:46:29

□□□□□: 1(of 9)

□□□□□□□: 2:05:01

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1 | 3.25 | 17:03 | 5:14 | 1 | - | 13 | 3:52 | 3.25 | 17:03 | 5:14 | 1 | - | 13 | 3:52 | |
| □□ 2 | 3.25 | 17:29 | 5:22 | 1 | - | 12 | 3:17 | 6.50 | 34:32 | 5:18 | 1 | - | 14 | 7:09 | |
| □□ 3 | 3.25 | 17:48 | 5:28 | 1 | - | 11 | 2:55 | 9.75 | 52:20 | 5:22 | 1 | - | 12 | 10:04 | |
| □□ 4 | 3.25 | 18:04 | 5:33 | 1 | - | 10 | 2:48 | 13.00 | 1:10:24 | 5:24 | 1 | - | 12 | 12:52 | |
| □□ 5 | 3.25 | 18:09 | 5:35 | 1 | - | 9 | 2:24 | 16.25 | 1:28:33 | 5:26 | 1 | - | 12 | 15:08 | |
| □□ 6 | 3.25 | 18:25 | 5:40 | 1 | - | 11 | 2:18 | 19.50 | 1:46:58 | 5:29 | 1 | - | 11 | 16:54 | |
| □□□ □□ | 3.25 | 18:03 | 5:33 | 1 | - | 10 | 2:28 | 22.75 | 2:05:01 | 5:29 | 1 | - | 11 | 18:32 | |