



12. Kristall-Marathon

Merkers / 18.02.2018

0000

WIEGAND, Uwe

00: Stadtwerke Stadtallendorf

00: 554

00: 22.75 km

Halbmarathon

0000:

Senioren M45 (45-49 Jahre)

000: 2:15:35

00: 9.74 km/h

0000: 5:58 min/km

00000/000: 151 (of 261)

00000/0: 136 (of 215)

000000: 1:25:10

00000: 22(of 34)

0000000: 1:39:17

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:51	5:29	24	5:00	140	6:33	3.25	17:51	5:29	24	5:00	140	6:33
00 2	3.25	17:36	5:24	18	3:27	121	5:47	6.50	35:27	5:27	20	8:27	130	12:06
00 3	3.25	18:29	5:41	20	4:06	130	6:17	9.75	53:56	5:31	20	12:33	125	18:23
00 4	3.25	19:15	5:55	23	5:40	137	6:49	13.00	1:13:11	5:37	22	17:19	129	25:12
00 5	3.25	19:50	6:06	23	6:42	139	7:20	16.25	1:33:01	5:43	22	22:38	130	32:32
00 6	3.25	20:27	6:17	21	6:39	137	7:59	19.50	1:53:28	5:49	21	28:27	134	40:31
000 00	3.25	22:07	6:48	28	8:32	166	20:01	22.75	2:15:35	5:57	23	43:56	138	2:13:29