



# 12. Kristall-Marathon

Merkers / 18.02.2018

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FICK, Michael

□□: OHMGL

□□: 356

□□: 22.75 km

Halbmarathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 2:32:54

□□: 8.63 km/h

□□□□: 6:43 min/km

□□□□□/□□□: 208 (of 261)

□□□□□/□: 179 (of 215)

□□□□□□: 1:25:10

□□□□□: 35(of 42)

□□□□□□□: 1:35:41

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□□□□

□□□

| □□□    | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1   | 3.25     | 18:45    | 5:46         | 33      | 6:13    | 160     | 7:27    | 3.25  | 18:45     | 5:46      | 33            | 6:13    | 160     | 7:27    |         |
| □□ 2   | 3.25     | 20:18    | 6:14         | 35      | 7:07    | 177     | 8:29    | 6.50  | 39:03     | 6:00      | 34            | 13:20   | 171     | 15:42   |         |
| □□ 3   | 3.25     | 22:49    | 7:01         | 40      | 9:14    | 200     | 10:37   | 9.75  | 1:01:52   | 6:20      | 36            | 22:34   | 181     | 26:19   |         |
| □□ 4   | 3.25     | 23:05    | 7:06         | 40      | 8:56    | 197     | 10:39   | 13.00 | 1:24:57   | 6:32      | 37            | 31:30   | 185     | 36:58   |         |
| □□ 5   | 3.25     | 22:30    | 6:55         | 34      | 8:06    | 179     | 10:00   | 16.25 | 1:47:27   | 6:36      | 37            | 39:21   | 185     | 46:58   |         |
| □□ 6   | 3.25     | 23:05    | 7:06         | 34      | 9:14    | 173     | 10:37   | 19.50 | 2:10:32   | 6:41      | 37            | 48:35   | 183     | 57:35   |         |
| □□□ □□ | 3.25     | 22:22    | 6:52         | 34      | 8:38    | 168     | 20:16   | 22.75 | 2:32:54   | 6:43      | 35            | 57:13   | 181     | 2:30:48 |         |