



# 12. Kristall-Marathon

Merkers / 18.02.2018

□□□□

**MERTENS, Clem**

□□: JMT Mol

□□: 729

□□: 22.75 km

Halbmarathon

□□□□:

Senioren M65 (65-69 Jahre)

□□□: 2:33:55

□□: 8.58 km/h

□□□□: 6:46 min/km

□□□□□/□□□: 210 (of 261)

□□□□□/□: 181 (of 215)

□□□□□□: 1:25:10

□□□□□: 2(of 2)

□□□□□□□: 2:04:13

□□□□

□□□□

□□□

| □□□    | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| □□ 1   | 3.25     | 19:38    | 6:02         | 2       | 2:27    | 167     | 8:20    | 3.25  | 19:38     | 6:02          | 2       | 2:27    | 167     | 8:20    |
| □□ 2   | 3.25     | 19:55    | 6:07         | 2       | 2:41    | 170     | 8:06    | 6.50  | 39:33     | 6:05          | 2       | 5:08    | 174     | 16:12   |
| □□ 3   | 3.25     | 20:07    | 6:11         | 2       | 2:35    | 169     | 7:55    | 9.75  | 59:40     | 6:07          | 2       | 7:43    | 171     | 24:07   |
| □□ 4   | 3.25     | 21:12    | 6:31         | 2       | 3:36    | 174     | 8:46    | 13.00 | 1:20:52   | 6:13          | 2       | 11:19   | 171     | 32:53   |
| □□ 5   | 3.25     | 21:49    | 6:42         | 2       | 3:33    | 169     | 9:19    | 16.25 | 1:42:41   | 6:19          | 2       | 14:52   | 170     | 42:12   |
| □□ 6   | 3.25     | 23:47    | 7:19         | 2       | 5:23    | 181     | 11:19   | 19.50 | 2:06:28   | 6:29          | 2       | 20:15   | 174     | 53:31   |
| □□□ □□ | 3.25     | 27:27    | 8:26         | 2       | 9:27    | 201     | 25:21   | 22.75 | 2:33:55   | 6:45          | 2       | 29:42   | 183     | 2:31:49 |