



# 12. Kristall-Marathon

Merkers / 18.02.2018

0000

**RICHTER, Bernd**

00: Lauf Team Unna

00: 665

00: 22.75 km

Halbmarathon

0000:

Senioren M50 (50-54 Jahre)

000: 2:34:44

00: 8.82 km/h

0000: 6:48 min/km

00000/000: 212 (of 261)

00000/0: 183 (of 215)

000000: 1:25:10

00000: 38(of 42)

0000000: 1:35:41

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	20:56	6:26	41	8:24	203	9:38	3.25	20:56	6:26	41	8:24	203	9:38
00 2	3.25	21:24	6:35	41	8:13	194	9:35	6.50	42:20	6:30	41	16:37	197	18:59
00 3	3.25	21:33	6:37	37	7:58	184	9:21	9.75	1:03:53	6:33	40	24:35	192	28:20
00 4	3.25	21:52	6:43	36	7:43	182	9:26	13.00	1:25:45	6:35	40	32:18	190	37:46
00 5	3.25	22:41	6:58	36	8:17	181	10:11	16.25	1:48:26	6:40	39	40:20	188	47:57
00 6	3.25	22:21	6:52	32	8:30	168	9:53	19.50	2:10:47	6:42	38	48:50	184	57:50
000 00	3.25	23:57	7:22	36	10:13	181	21:51	22.75	2:34:44	6:48	38	59:03	185	2:32:38