



12. Kristall-Marathon

Merkers / 18.02.2018

□□□□

SMOLINSKI, Konrad

□□: KS-SPORTSWORLD

□□: 792

□□: 42.25 km

Marathon

□□□□:

Senioren M35 (35-39 Jahre)

□□□: 3:12:23

□□: 13.10 km/h

□□□□: 4:33 min/km

□□□□□/□□□□: 8 (of 168)

□□□□□/□: 8 (of 144)

□□□□□□: 2:45:49

□□□□□: 2(of 15)

□□□□□□□: 2:45:49

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1 | 3.25 | 12:16 | 3:46 | 2 | 1:22 | 3 | 1:22 | 3.25 | 12:16 | 3:46 | 2 | 1:22 | 3 | 1:22 | |
| □□ 2 | 3.25 | 13:18 | 4:05 | 2 | 1:31 | 6 | 1:31 | 6.50 | 25:34 | 3:55 | 2 | 2:53 | 4 | 2:53 | |
| □□ 3 | 3.25 | 13:42 | 4:12 | 2 | 1:17 | 6 | 1:17 | 9.75 | 39:16 | 4:01 | 2 | 4:10 | 6 | 4:10 | |
| □□ 4 | 3.25 | 14:01 | 4:18 | 2 | 1:24 | 6 | 1:24 | 13.00 | 53:17 | 4:05 | 2 | 5:34 | 6 | 5:34 | |
| □□ 5 | 3.25 | 13:44 | 4:13 | 2 | 1:24 | 6 | 1:24 | 16.25 | 1:07:01 | 4:07 | 2 | 6:58 | 6 | 6:58 | |
| □□ 6 | 3.25 | 13:52 | 4:15 | 2 | 1:28 | 5 | 1:28 | 19.50 | 1:20:53 | 4:08 | 2 | 8:26 | 5 | 8:26 | |
| □□ 7 | 3.25 | 14:17 | 4:23 | 2 | 1:29 | 8 | 1:29 | 22.75 | 1:35:10 | 4:10 | 2 | 9:55 | 6 | 9:55 | |
| □□ 8 | 3.25 | 14:34 | 4:28 | 2 | 1:45 | 8 | 1:45 | 26.00 | 1:49:44 | 4:13 | 2 | 11:40 | 6 | 11:40 | |
| □□ 9 | 3.25 | 14:51 | 4:34 | 2 | 1:38 | 7 | 1:43 | 29.25 | 2:04:35 | 4:15 | 2 | 13:18 | 6 | 13:18 | |
| □□ 10 | 3.25 | 15:50 | 4:52 | 3 | 3:00 | 14 | 3:00 | 32.50 | 2:20:25 | 4:19 | 2 | 16:18 | 6 | 16:18 | |
| □□ 11 | 3.25 | 16:48 | 5:10 | 5 | 3:18 | 17 | 3:18 | 35.75 | 2:37:13 | 4:23 | 2 | 19:36 | 7 | 19:36 | |
| □□ 12 | 3.25 | 17:20 | 5:19 | 6 | 3:23 | 23 | 3:23 | 39.00 | 2:54:33 | 4:28 | 2 | 22:59 | 8 | 22:59 | |
| □□□ □□ | 3.25 | 17:50 | 5:29 | 10 | 3:35 | 33 | 3:58 | 42.25 | 3:12:23 | 4:33 | 2 | 26:34 | 8 | 26:34 | |