



12. Kristall-Marathon

Merkers / 18.02.2018

□□□□

WAGNER, Matthias

□□: LT FSV Ralingen

□□: 816

□□: 42.25 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 3:18:12

□□: 12.71 km/h

□□□□: 4:41 min/km

□□□□□/□□□: 11 (of 168)

□□□□□/□: 11 (of 144)

□□□□□□: 2:45:49

□□□□□: 3(of 25)

□□□□□□□: 3:13:28

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	14:42	4:31	5	0:47	21	3:48	3.25	14:42	4:31	5	0:47	21	3:48	
□□ 2	3.25	15:05	4:38	6	1:25	23	3:18	6.50	29:47	4:34	5	2:12	20	7:06	
□□ 3	3.25	14:57	4:35	4	1:12	17	2:32	9.75	44:44	4:35	5	3:24	19	9:38	
□□ 4	3.25	15:04	4:38	4	1:01	16	2:27	13.00	59:48	4:35	5	4:25	17	12:05	
□□ 5	3.25	15:00	4:36	4	0:33	15	2:40	16.25	1:14:48	4:36	5	4:58	17	14:45	
□□ 6	3.25	15:02	4:37	4	0:43	13	2:38	19.50	1:29:50	4:36	4	5:41	15	17:23	
□□ 7	3.25	15:08	4:39	4	0:47	14	2:20	22.75	1:44:58	4:36	4	6:28	14	19:43	
□□ 8	3.25	15:06	4:38	2	0:36	11	2:17	26.00	2:00:04	4:37	4	7:04	13	22:00	
□□ 9	3.25	15:27	4:45	3	0:32	12	2:19	29.25	2:15:31	4:37	4	7:36	13	24:14	
□□ 10	3.25	15:25	4:44	1	-	8	2:35	32.50	2:30:56	4:38	3	7:19	12	26:49	
□□ 11	3.25	15:40	4:49	2	0:06	10	2:10	35.75	2:46:36	4:39	3	6:47	11	28:59	
□□ 12	3.25	15:48	4:51	2	0:21	8	1:51	39.00	3:02:24	4:40	3	5:48	11	30:50	
□□□ □□	3.25	15:48	4:51	2	1:02	12	1:56	42.25	3:18:12	4:41	3	4:44	11	32:23	