



12. Kristall-Marathon

Merkers / 18.02.2018

□□□□

HERMANN, Maik

□□: GMRLV

□□: 671

□□: 42.25 km

Marathon

□□□□:

Senioren M35 (35-39 Jahre)

□□□: 3:31:21

□□: 11.92 km/h

□□□□: 5:00 min/km

□□□□□/□□□□: 21 (of 168)

□□□□□/□: 21 (of 144)

□□□□□□: 2:45:49

□□□□□: 6(of 15)

□□□□□□□: 2:45:49

□□□□

□□□□

□□□

| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|--------|------|-------|--------|----|------|----|------|-------|---------|--------|----|-------|----|-------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| □□ 1 | 3.25 | 15:02 | 4:37 | 6 | 4:08 | 27 | 4:08 | 3.25 | 15:02 | 4:37 | 6 | 4:08 | 27 | 4:08 |
| □□ 2 | 3.25 | 15:33 | 4:47 | 8 | 3:46 | 30 | 3:46 | 6.50 | 30:35 | 4:42 | 6 | 7:54 | 28 | 7:54 |
| □□ 3 | 3.25 | 15:58 | 4:54 | 8 | 3:33 | 35 | 3:33 | 9.75 | 46:33 | 4:46 | 7 | 11:27 | 28 | 11:27 |
| □□ 4 | 3.25 | 16:02 | 4:56 | 8 | 3:25 | 32 | 3:25 | 13.00 | 1:02:35 | 4:48 | 7 | 14:52 | 28 | 14:52 |
| □□ 5 | 3.25 | 15:55 | 4:53 | 6 | 3:35 | 29 | 3:35 | 16.25 | 1:18:30 | 4:49 | 7 | 18:27 | 28 | 18:27 |
| □□ 6 | 3.25 | 15:46 | 4:51 | 4 | 3:22 | 21 | 3:22 | 19.50 | 1:34:16 | 4:50 | 6 | 21:49 | 26 | 21:49 |
| □□ 7 | 3.25 | 16:08 | 4:57 | 8 | 3:20 | 28 | 3:20 | 22.75 | 1:50:24 | 4:51 | 6 | 25:09 | 27 | 25:09 |
| □□ 8 | 3.25 | 16:41 | 5:08 | 10 | 3:52 | 32 | 3:52 | 26.00 | 2:07:05 | 4:53 | 7 | 29:01 | 27 | 29:01 |
| □□ 9 | 3.25 | 16:20 | 5:01 | 4 | 3:07 | 18 | 3:12 | 29.25 | 2:23:25 | 4:54 | 5 | 32:08 | 25 | 32:08 |
| □□ 10 | 3.25 | 17:13 | 5:17 | 7 | 4:23 | 26 | 4:23 | 32.50 | 2:40:38 | 4:56 | 5 | 36:31 | 24 | 36:31 |
| □□ 11 | 3.25 | 17:18 | 5:19 | 7 | 3:48 | 24 | 3:48 | 35.75 | 2:57:56 | 4:58 | 6 | 40:19 | 24 | 40:19 |
| □□ 12 | 3.25 | 17:36 | 5:24 | 8 | 3:39 | 28 | 3:39 | 39.00 | 3:15:32 | 5:00 | 8 | 43:58 | 28 | 43:58 |
| □□□ □□ | 3.25 | 15:49 | 4:51 | 4 | 1:34 | 13 | 1:57 | 42.25 | 3:31:21 | 5:00 | 6 | 45:32 | 21 | 45:32 |