



12. Kristall-Marathon

Merkers / 18.02.2018

0000

SCHREIER-MIETH, Enrico

00: Lauffreund Dreebit

00: 785

00: 42.25 km

Marathon

0000:

Senioren M45 (45-49 Jahre)

000: 3:53:07

00: 10.87 km/h

0000: 5:31 min/km

00000/000: 53 (of 168)

00000/0: 49 (of 144)

000000: 2:45:49

00000: 13(of 29)

0000000: 2:56:23

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:35	5:06	14	3:38	61	5:41	3.25	16:35	5:06	14	3:38	61	5:41
00 2	3.25	17:13	5:17	17	4:13	78	5:26	6.50	33:48	5:11	16	7:51	68	11:07
00 3	3.25	17:16	5:18	17	4:10	70	4:51	9.75	51:04	5:14	15	12:01	69	15:58
00 4	3.25	17:17	5:19	16	3:39	69	4:40	13.00	1:08:21	5:15	16	15:40	70	20:38
00 5	3.25	17:22	5:20	15	3:43	58	5:02	16.25	1:25:43	5:16	16	19:23	67	25:40
00 6	3.25	17:12	5:17	12	3:31	50	4:48	19.50	1:42:55	5:16	15	22:54	58	30:28
00 7	3.25	17:31	5:23	12	4:05	53	4:43	22.75	2:00:26	5:17	14	26:59	56	35:11
00 8	3.25	17:57	5:31	13	4:23	52	5:08	26.00	2:18:23	5:19	14	31:22	54	40:19
00 9	3.25	18:36	5:43	14	5:09	55	5:28	29.25	2:36:59	5:22	15	36:31	55	45:42
00 10	3.25	18:32	5:42	14	4:54	48	5:42	32.50	2:55:31	5:24	14	41:25	52	51:24
00 11	3.25	18:44	5:45	12	4:33	44	5:14	35.75	3:14:15	5:26	14	45:58	53	56:38
00 12	3.25	19:32	6:00	12	5:18	49	5:35	39.00	3:33:47	5:28	13	51:16	52	1:02:13
000 00	3.25	19:20	5:56	12	5:28	53	5:28	42.25	3:53:07	5:31	13	56:44	49	1:07:18